

# Term 3, Week 4



## TERM 3

### Week 4

|          |                    |
|----------|--------------------|
| Tue 11/8 | Life Education Van |
|----------|--------------------|

### Week 5

|           |               |
|-----------|---------------|
| Thur 20/8 | School Photos |
|-----------|---------------|

### Week 6

|          |                        |
|----------|------------------------|
| Tue 25/8 | Illawarra Hawks Clinic |
|----------|------------------------|

### Week 7

|         |                        |
|---------|------------------------|
| Tue 1/9 | Illawarra Hawks Clinic |
|---------|------------------------|

### Week 8

|         |                        |
|---------|------------------------|
| Tue 8/9 | Illawarra Hawks Clinic |
|---------|------------------------|

### Week 9

|          |                        |
|----------|------------------------|
| Tue 15/9 | Illawarra Hawks Clinic |
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### Week 10

|          |                        |
|----------|------------------------|
| Tue 22/9 | Illawarra Hawks Clinic |
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|          |                  |
|----------|------------------|
| Fri 25/9 | Last Day of Term |
|----------|------------------|

## TERM 4

### Week 1

|           |                           |
|-----------|---------------------------|
| Mon 12/10 | STAFF and STUDENTS RETURN |
|-----------|---------------------------|

## Superstar Awards

Congratulations to the following

### Bronze

Superstar students:

Addison C., Jai D., Gaia P., Kiara H., Evelyn E., Alexander G., Charlie K., Olivia L., Blair M., Hollie M., Freija N., Nahla O., Srivatsa A., Isaac P., Leah T., Hendrix R., Amalia S., Cillian H., Chloe T., Evie H., Nate H., Chevy O. and Isabel W.

Congratulations to the following

### Silver

Superstar students:

Ethan D., Sophia E., Rose M., Myah E., Lucas T., Andre D., Fatoum M. and Isaac V.

**HAPPY BIRTHDAY  
TO YOU ...**

Pearce A., Annie D., Dion B., Senuki H., Emilia B. and Scarlett B.



## School Photo Day

Don't forget our school photo day is coming up on

**Thursday 20 August.**

Envelopes need to be brought back to school ON PHOTO DAY with your child. Please don't put these in at the office as the photographer collects them from the class teacher as the students go to be photographed.



## Wrap/Scarf Found

Last Friday, when the weather was not so friendly, a parent handed in a black, with a white grid pattern, wrap/scarf that had fallen out the back of possibly a black or dark car. I presume this would have been when school bags were being pulled out of the back and it would have been quite close to bell time. If you are the owner please contact our office. Thank you to the father who handed it to me in the rain on Friday morning!

## ICAS Assessments

Thank you to all those who have registered online to take part in the University of NSW's International Competitions and Assessments for Schools (ICAS) Assessments. The registration period is now closed and the first assessment will take place over the next few weeks. Good luck to all who have entered.

## Neighbourly Concern

We have had a neighbour ring to voice her concerns regarding student drop offs in the mornings and the number of children who are either exiting cars on the road side or running across the road. As we are all aware schools are very busy places in the mornings and afternoons so please assist your child by reminding them to exit the car on the curb side of the road and to walk, even if it's raining, safely across the road. Thank you to the many parents I saw walking their children across the road in the rain last Friday.

## Healthy Harrold Merchandise

It has been lovely having Healthy Harrold here to visit our school. Usually our students are able to purchase merchandise from the Life Education van, however, we have been informed that this is no longer the case. As a result we will be sending any money brought to the office (for such merchandise) home with students.

Life Education have advised us that they had to move to online purchasing, and you can visit their 'shop' at



<https://www.lifeeducation.org.au/shop/>

# From the desk of the Principal

Last Word



Have a good day!

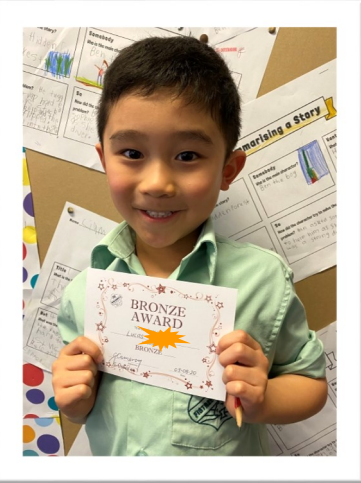
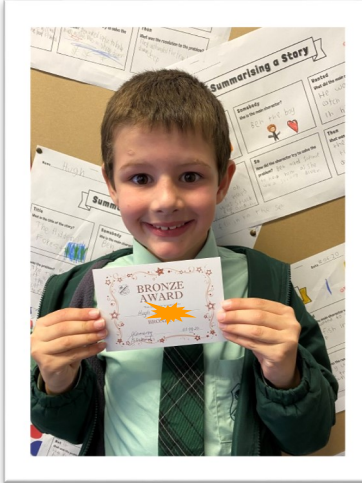
*Rae Redfern*  
Principal





# Superstar Awards Gallery





# Superstar Awards Gallery



# SRC Spotlight

The SRC has been raising money for the past few years to purchase playground furniture. We have organised a fundraiser to buy some tables and seats for the playground. This fundraiser is called '5 cent Friday'. Please bring a five cent coin (or more) every Friday. The fundraiser will run for the rest of the year. The SRC members will collect the coins on Friday mornings in the classrooms.



The next group of SRC members will be looking at the designs of the tables and seats and we are hoping to have this completed by the end of this year.  
Isaac (3/4P SRC member)



The value of the fortnight is...

# Fairness

Take a minute to think about how you are showing **Fairness** in everything that you do!



# Scholastic Bookclub Orders

Bookclub Issue 5 closes Sunday 16<sup>th</sup> August 2020.

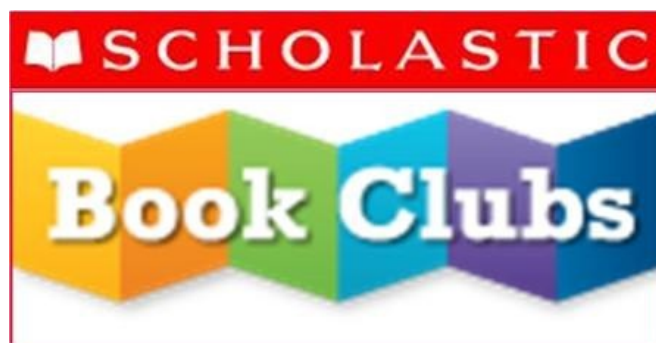
## Scholastic Bookclub Orders

Cash or cheques will not be accepted as payment.

All Bookclub purchases must be done online using the Scholastic Loop Payment Portal.

If you wish to purchase books for a gift and would like the option to pick up from the School Office, there is now an option to select this when you order online.

If you have any queries or require assistance, please contact the Bookclub Coordinator Rebecca Anderson on 0412469343.



## **Nutrition Snippet**

### WHAT IS A SERVE?



½ cup of  
cooked  
vegetables

OR



½ medium  
potato

OR



1 cup of  
salad

**One serve of veges is about 75g or  
1/2 a cup cooked or 1 cup raw.**

- Try weighing and measuring different veges to see how much you eat.
- Aim for 5 serves a day.

For vege recipes  
and more visit:

[healthyinbox.com.au](http://healthyinbox.com.au)



**Cancer Council**  
Healthy Lunch Box

## **Road safety**



### **40km/h school zones**

40km/h school zones slow traffic on the roads around schools. This is to help protect children on their way to and from schools at the times and places where they are often in high numbers. Most 40km/h school zones operate between 8.00am and 9.30am and from 2.30pm until 4.00pm. The 40km/h school zone speed limit must be observed even if school children cannot be seen.

A 40km/h school zone operates on all notified school days including staff development days (student-free days). While some schools may operate on different term dates, school zone speed limits must be followed during NSW Government determined school terms.

You can find the school term dates on the following websites:

- [roadsafety.transport.nsw.gov.au](http://roadsafety.transport.nsw.gov.au)
- [educationstandards.nsw.edu.au](http://educationstandards.nsw.edu.au)
- [education.nsw.gov.au](http://education.nsw.gov.au)

To increase motorists' awareness of 40km/h school zones, triangular 'dragon's teeth' road markings indicate that the vehicle is entering a school zone.

Fines and a loss of demerit points will apply if the 40km/h speed limit isn't followed. For more information on fines and demerit points, visit [rms.nsw.gov.au](http://rms.nsw.gov.au)

For more information on keeping our kids safe around schools visit the parents section on [safetytown.com.au](http://safetytown.com.au)



Lives lost on NSW roads.  
**Our goal is zero.**



Link to The Fathering Project channel – a website with stacks of videos on fathering ideas, tips, webinars, interactive opportunities, podcasts and more!  
<https://thefatheringproject.org/fathering-channel/>

## Fathering Project Tips

### Keep your family feeling safe, happy and cared for.

Family agreements are positive statements that can be written down, or just spoken. They include procedures, tasks and rules that are agreed upon by the whole family to make sure everyone is treated fairly and with respect.

#### **Family agreements and rules are important because:**

- They help your kids feel safe and secure and keep your family life more peaceful.
- They help you establish order if you and/or your partner need to work from home or if you have other family members staying with you.
- They include rules and consequences that are agreed upon by everyone in the family, so everyone is more likely to adhere to them.
- They support the development of family values, so your children have a basis for making good decisions and choices in their lives going forward.

## Dad Jokes

Dad, did you get a haircut?  
No I got them all cut

