



Term 2, Week 8



TERM 3	
Week 5	
Thur 20/8	SCHOOL PHOTOS



Superstar Awards

Congratulations to the following

Bronze

Superstar students:

Bilal A., Ramona B., April B., Mack S.,
Ethan D., Braxton E., Hugh C.,
Ethan H., Violet K. and Max P.

Watch this space for details of our first Superstar Award Assembly

HAPPY BIRTHDAY
TO YOU ...

Destiny S., Addison C.,
Callum H., Lorelei P.,
Amelie H. and Chloe T.



Thank You

A very big thank you, from all of our staff, for the way you have all assisted us with afternoon pick-ups...even when the weather was not so cooperative!

SAVE the Date—Pyjama Day!

The SRC will be holding a gold coin Pyjama Day on Wednesday 1 July, in Week 10 of this term. Given the colder mornings this may assist to get everyone up and to school on time! A note will be sent home over the course of this week with further information...but for now, save the date!



Some Relaxed Guidelines

As of this week we have been able to implement a few relaxed guidelines, with further changes for Term 3.

What is new this week:

- Groups such as choir, dance and debating will be able to start to meet again
- We can hold short assemblies, without any visitors
- External providers are able to recommence using school grounds as long as they adhere to the Health Guidelines.

What is changing for Term 3:

- Scripture will recommence
- Some inter-school events, such as debating, may take place
- School sports implemented by external providers may start again.

What is still the same:

- Students are still required to bring a drink bottle instead of using the bubblers
- The canteen will remain closed for the rest of this term with more information about Term 3 to be decided
- Non-essential adults, including family members, are not to be on school grounds.

Please find a guide for parents and carers attached to the Newsletter with more details.

Reports

Another change this semester is how we report. Schools have been given until Week 6 of next term to send reports home, however, we would like to have them to you by the end of Week 1 or early Week 2. Reports will look different, with a simplified version being put in place that looks predominantly at progress made in literacy and numeracy.

2021 Opportunity Class for Year 5 Reminder

If you would like your child considered for Year 5 opportunity class entry in 2021, you need to apply between **Tuesday 9 June 2020** and **Friday 26 June 2020**. You will need to access the online application at

<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-5> and you are **not** able to use the child's email address.

The closest school to Figtree, with an opportunity class, is Wollongong Public School. Please note entry into this class means a full time move to that school. A note with further details was sent home with our current Year 4 students last week.

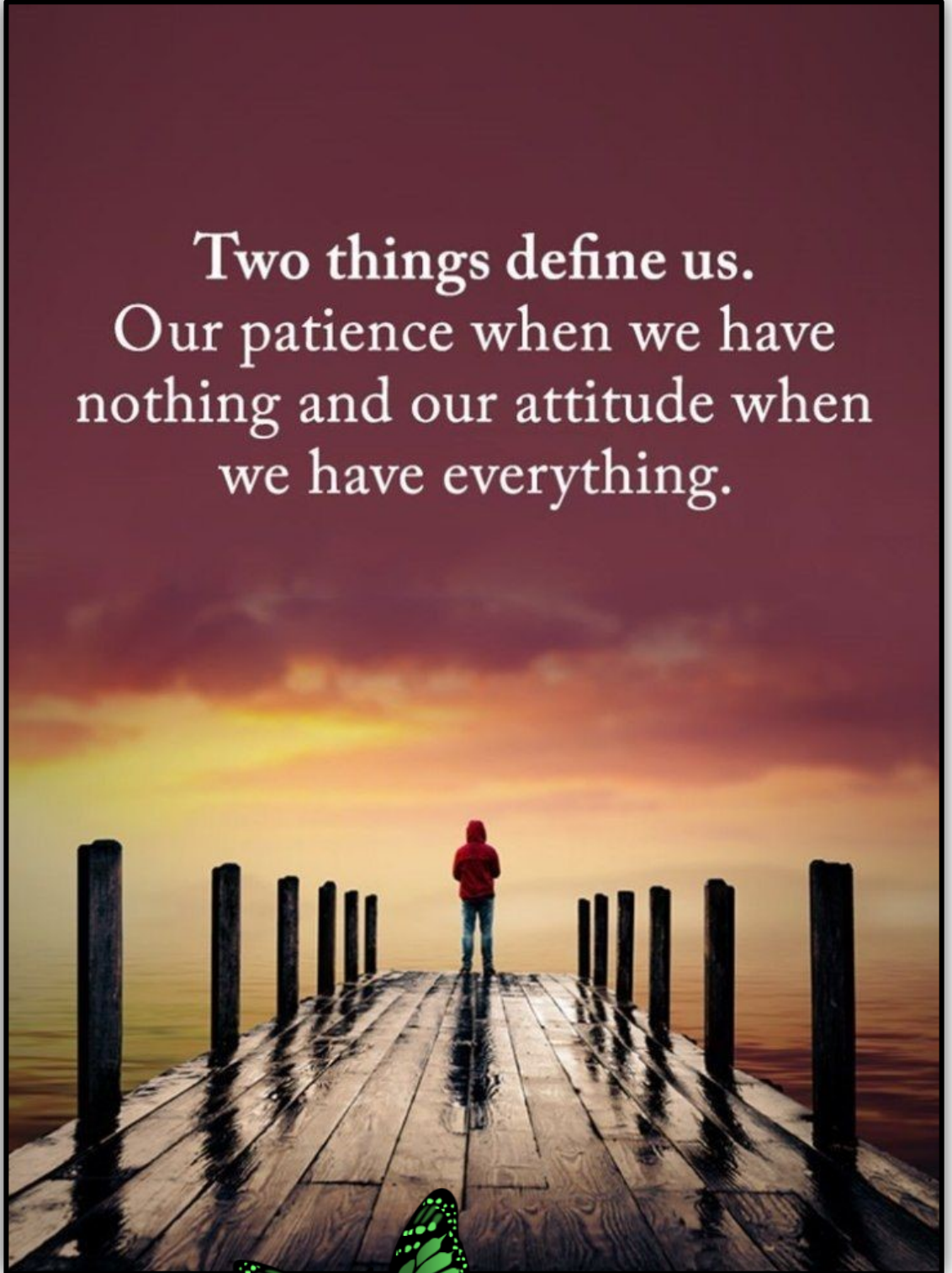
From the desk of the Principal

Awards

Even though we are allowed to hold short assemblies, we are still not able to have parents attend. With this in mind we will continue to put students' names in the Newsletter as they receive awards, and hold onto the actual awards until we can find a way to have parents witness their achievements.

Last Word

Two things define us.
Our patience when we have
nothing and our attitude when
we have everything.



Have a good day!

Rae Redfern
Principal



PARENTS ONLINE PAYMENTS

HOW DO I ACCESS QUICKWEB?

A **\$ Make a payment** link will be placed on the front page of the school's Website. By selecting the **\$ Make a payment** link you will be taken to a secure Westpac QuickWeb payment page. You will no longer be in the school's website.

There are no passwords or PINs to remember.

The payment process is intuitive and follows the format of many other online payments that you may use every day.

HOW DO I MAKE A PAYMENT?

From the initial Westpac QuickWeb page payers will complete the necessary details, some of which are mandatory (**marked with an ***), before confirming the payment details and completing the payment. A receipt can be printed from the payment page and/or be emailed to the payer.

The Westpac QuickWeb payment screens are:

1. Entering payment details
2. Entering credit card details
3. Confirmation of payment details and
4. Online Payment Receipt.

Entering payment details

The first Payment Details screen captures the student and payment details. This is in order for the payer and the school to identify the student that the payment applies to and what the payment is for. *This is critical to ensure that the right student is credited for the right items.*

Where Class or Year **AND** Invoice number are entered, Date of Birth is not required. If only Class or Year **OR** Invoice number is entered a Date of Birth is required.

The payment details should come from the school invoice or listing that the school issues. There can be more than one payment line for all items except voluntary school contributions, the items are.

- Voluntary school contributions (1 payment line), use this for general contributions or donations;
- Subject contributions (up to 10 payment lines), use this for contributions for specific subjects e.g. Visual Arts, Industrial Technology, etc;
- Excursions (up to 5 payment lines), use this for specific excursions e.g. Zoo; Opera House, etc.;
- Sport (up to 5 payment lines), use this for any sporting activities e.g. carnivals and weekly sport activities, etc.;
- Creative & Practical Arts (up to 5 payment lines), use this for drama, dance, craft levies, etc.;
- Sales to Students (up to 5 payment line) use this for anything purchased by a student that becomes the property of the student;
- Other (up to 5 payment lines) this may be used for paying total amounts owed by a student e.g. complete student invoice/statement of account.

**IF YOU ARE UNSURE OF WHICH BOX TO CHOOSE PLEASE CONTACT
THE SCHOOL AND ASK FOR CLARIFICATION.**

When any option is chosen by selecting the tick box, it is mandatory to include both a payment description and payment amount. Deselect an option by checking the tick box again.

Link to The Fathering Project channel – a website with stacks of videos on fathering ideas, tips, webinars, interactive opportunities, podcasts and more!
<https://thefatheringproject.org/fathering-channel/>

Fathering Project Tips

Six ways to support your kids' mental and emotional wellbeing

It's natural during stressful times that we may all feel a range of emotions, such as worry, anxiety, boredom, or low mood.

Kids will express their feelings not only through words, but also through their actions and behaviours. Keep in mind that behind every behaviour is a feeling.

Top tips to support your kids:

- Schedule regular emotional check-ins to see how your kids are coping.
- Help your kids identify and name their emotions.
- Explore and talk about emotions in everyday situations.
- Talk about what went well and what you are grateful for each day.
- Make sure kids get ample sleep.
- Watch for signs your child might not be coping.

If you or someone you know needs support, call Lifeline on 13 11 14, or Beyond Blue on 1300 224 636. For children, Kids Helpline is available on 1800 551 800 or Youth Beyond Blue on 1300 224 636.

Dad Jokes

I dig. You dig. He digs. She digs.
We dig. They dig.
It's not a long poem, but it's deep.



Community News

FIGTREE HEIGHTS CANTEEN

FHPS Parents & Citizens Association

Attention: CANTEEN CLOSED

THE CANTEEN WILL BE
CLOSED DURING TERM 2.

Thank you for your understanding and support.

Figtree Heights OOSH

Fun, Adventure & Play Everyday



Before School Care

6:30am – 8:30am + transport to school

- Breakfast buffet available
- Getting ready for school activities
- Games and crafts
- Permanent and occasional care options

Daily Fee = \$20 permanent or \$22 Casual
Childcare benefits available.

LOCATION:
FIGTREE HEIGHTS PUBLIC SCHOOL
14 ST GEORGE AVENUE FIGTREE

PH: (02) 42272515

EMAIL: centre@fhoosh.com

WEBSITE:
www.figtreeheightsoosh.com

After School Care

3pm – 6pm + transport to our service

- Afternoon tea buffet available
 - Recreation activities
 - Group games programs
 - Crafts and quiet games
 - Permanent and occasional care options
- Daily Fee = \$26 permanent or \$28 casual
Childcare benefits available

Vacation Care






7am – 6pm School Holidays and Pupil Free days

- Holiday planned program (available week 6 each term for bookings)
- Excursions and in service days
- Group program activities
- Crafts and games
- Recreational activities






Daily Fee = \$44 + activity costs if required

New enrolments welcome

WEEK 1 VACATION CARE WINTER PROGRAM 2020

<p>Monday 6th July IN CENTRE ROLL MEDIEVAL FANTASY</p>  <p>Cost: Daily fee \$44 Activities start at 10am Dress up Medieval</p> <p>Activities Guide:</p> <ul style="list-style-type: none"> Slay the dragon Jousting Catapults <p>Maximum attendance 60 Expected educators attending 6</p>	<p>Tuesday 7th July IN CENTRE ROLL MINUTE TO WIN IT</p>  <p>Cost: Daily fee \$44 Activities start at 10am</p> <p>Activities Guide:</p> <ul style="list-style-type: none"> Minute to Win It games Human Hungry Hippos Challenge the educators <p>Maximum attendance 60 Expected educators attending 6</p>	<p>Wednesday 8th July IN CENTRE ROLL BIKE & SCOOTER ADVENTURES</p>  <p>Cost: Daily fee \$44 Activities start at 10am</p> <p>Activities Guide:</p> <ul style="list-style-type: none"> Bike courses Scooter courses Washing station <p>Maximum attendance 60 Expected educators attending 6</p>	<p>Thursday 9th July IN CENTRE ROLL ALWAYS WAS ALWAYS WILL BE</p>  <p>Cost: Daily fee \$44 Activities start at 10am</p> <p>Activities Guide:</p> <ul style="list-style-type: none"> Camp fire Indigenous crafts Traditional games <p>Maximum attendance 60 Expected educators attending 6</p>	<p>Friday 10th July IN CENTRE ROLL SAVE THE EARTH DAY Requested by Holly</p>  <p>Cost: Daily fee \$44 Activities start at 10am</p> <p>Activities Guide:</p> <ul style="list-style-type: none"> Gardening Recyclable crafts Rubbish treasure hunt <p>Maximum attendance 60 Expected educators attending 6</p>
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WEEK 2 VACATION CARE WINTER PROGRAM 2020

<p>Monday 13th July IN CENTRE ROLL GAME SHOW MANIA</p>  <p>Cost: Daily fee \$44 Activities start at 10am</p> <p>Activities Guide:</p> <ul style="list-style-type: none"> Wheel of Fortune The Price is Right Family Feud <p>Maximum attendance 60 Expected educators attending 6</p>	<p>Tuesday 14th July IN CENTRE ROLL IT'S ALL ABOUT SPORT</p>  <p>Cost: Daily fee \$44 Activities start at 10am</p> <p>Activities Guide:</p> <ul style="list-style-type: none"> Ultimate Tip requested by Neel Dodgeball Red Rover Crossover <p>Maximum attendance 60 Expected educators attending 6</p>	<p>Wednesday 15th July IN CENTRE ROLL TECH SAVVY</p>  <p>Cost: Daily fee \$44 Activities start at 10am</p> <p>Activities Guide:</p> <ul style="list-style-type: none"> Pull apart electronics Recyclable creations Technology <p>Maximum attendance 60 Expected educators attending 6</p>	<p>Thursday 16th July IN CENTRE ROLL ART ATTACK</p>  <p>Cost: Daily fee \$44 Activities start at 10am</p> <p>Activities Guide:</p> <ul style="list-style-type: none"> Arts & Craft requested by Jazmine Clay creations Painting <p>Maximum attendance 60 Expected educators attending 6</p>	<p>Friday 17th July IN CENTRE ROLL NATIONAL PYJAMA DAY</p>  <p>Cost: Daily fee \$44 Activities start at 10am Dress up Pyjama's</p> <p>Activities Guide:</p> <ul style="list-style-type: none"> Blind fold makeover Pampering Movies <p>Bring a gold coin donation for children living in foster care 🙏 Maximum attendance 60 Expected educators attending 6</p>
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WEEK 3 VACATION CARE WINTER PROGRAM 2020

Monday 20th July
IN CENTRE ROLL
BEST OF WINTER VACATION CARE
BEST OF THE BEST

Cost: Daily fee \$44
Activities start at 10am

Activities Guide:

- The best and most popular activities from the last 2 weeks of vacation care

Expected attendance 60
Expected educators attending 6



FLEXIBLE DAILY EXCURSIONS

These holidays we will be including spontaneous small group excursions to our local parks and outdoor environments

These excursions may be offered during some incentive days. A permission form will need to be signed in advanced and a decision to attend a park will be made on the day

- Locations to parks are
- Figtree Park including dragon park
 - Botanic Gardens
 - Sid Parrish Park
 - Harry Graham Park



NEW FAMILIES WILL NEED TO ENROL BEFORE BOOKING FOR VACATION CARE.

PLEASE CONTACT THE SERVICE FOR ENROLMENT DETAILS AND INFORMATION

PH: 42272515

EMAIL: centre@fhoosh.net

WHAT TO BRING EVERYDAY

- BACKPACK** - Pack each child's belongings in a backpack they can carry themselves. Please ensure each child has their own bag with them as siblings can be allocated to different educator groups & buses.
- APPROPRIATE CLOTHING** - ALL children must wear clothing with sleeves as well as appropriate sun safe clothing for the activity and weather.
- ENCLOSED SHOES** - Enclosed shoes MUST be worn everyday - NO thongs or sandals allowed
- HAT**
- DRINK BOTTLE**
- MORNING TEA** - Afternoon tea will be provided by OOSH
- LUNCH** - Please include food that considers potential allergies and is relevant quantity for your child. We do not accept food that requires pre-heating
- SPARE CLOTHES** - Please include a full set of spare clothes regardless of the age of your child
- ADDITIONAL ITEMS FROM THE PROGRAM** - Any additional items as set out in the program for the activity

ALL ITEMS NEED TO BE LABELLED WITH CHILD'S NAME

CONSENT FORM REQUIRED

ALL bookings will only be accepted once the PERMISSION CONSENT DECLARATION FORM has been returned.

This is a regulation requirement and must be adhered to.

The section to complete is found on the last page of the Permission Consent Form

Please ensure you are completing this step after making your bookings to avoid having your booking removed.

Nutrition Snippet



Let the kids choose and cook (or help cook) a healthy recipe. They will be sure to eat their own creations.

Check out the website for lots of quick and easy recipes.

healthylunchbox.com.au



Cancer Council
Healthy Lunch Box

Road safety

Walking together safely to and from school

Walking to school and back home again is a great way to spend time with your children and encourage safe and healthy behaviours.

Here are a few things you can do to help keep your children safer as a pedestrian:

- Talk with your children about being alert in the road environment.
- Plan and practice your trip to school so you use pedestrian crossings where possible.
- Always hold your child's hand. Children need your help to spot dangers such as vehicles coming out of driveways. They can also be easily distracted and wander into traffic.
- Meet your child near the school gate and don't call them from across the road.
- Explain why the place you have chosen is the safest place to cross.
- Remind your child to **STOP! LOOK! LISTEN! THINK!** every time they cross the road and keep checking until safely across.
- Talk to them about why they should stop, look, listen, think before crossing a driveway, road or carpark.

Young children can learn and practice these safe pedestrian behaviours with you. This will help them to be safer pedestrians when they are old enough to travel alone.

For more information on keeping our kids safe around schools visit the parents section on safetytown.com.au



Messages to share with your children in Kindergarten to Year 2

- Hold a grown up's hand when:
 - you cross the road
 - you're on the footpath
 - you're in a car park

Messages to share with children in Years 3 to 6

- Use a safe place to cross the road
- **Stop! Look! Listen! Think!** every time you cross the road and keep checking until safely across

STOP!

one step back from the kerb

LOOK!

continuously both ways

LISTEN!

for the sounds of approaching traffic

THINK!

whether it is safe to cross and keep checking until safely across



This guide is for parents and carers

A guide to NSW school students returning to face-to-face learning

Information has been updated as at 11 June 2020, until further notice.

In line with health advice, schools are operating full time, and many additional activities are now able to recommence

All schools have returned to full-time on-campus learning. With updated health advice and changes to state and national restrictions, schools are able to recommence the majority of school-based activities from either 15 June 2020 or the start of Term 3 (20 July 2020). Some activities are continuing to be considered.

The following principles underpin these guidelines:

- schools continue to be safe and operations are in line with Australian Health Protection Principal Committee (AHPCC) and NSW Health guidelines
- existing infection control protocols at schools, and new health and safety measures put in place will help maintain the health and safety of students and staff
- all activities permitted at school are safe and appropriate in a living with COVID-19 environment.

School students do not need to follow strict adult physical distancing guidelines, but should follow good hygiene practices like:

- regularly washing hands
- avoiding sharing drinks or food
- coughing or sneezing into your elbow, or a tissue which should be discarded immediately
- filling water bottles from bubblers rather than using the bubbler directly.

School attendance

All students should be at school unless:

- they have a medical certificate which states that they are unable to return to school due to an ongoing medical condition and the expected timeframe
- they are currently unwell.

School activities/ school site usage

The majority of school-based activities can recommence, as long as the following measures are observed:

- all visitors and external to school providers must adhere to relevant hygiene, distancing and safety protocols
- principals may continue to restrict, limit or prohibit activities if they are seen as contrary to the current health advice
- external providers and visitors are required to demonstrate compliance with health and safety requirements including adhering to strict guidelines and completing relevant forms
- non-essential adults are still not permitted on school grounds or at school events – this includes parents/carers unless specifically approved by the principal.

Physical distancing

Physical distancing of children in schools is not required under the Australian HPPC guidelines. Research has shown limited transmission risk associated with school children in the school environment.

All adults must maintain physical distance from each other (1.5m) including teachers and support staff, and parents.

Schools should ensure school pick up and drop off arrangements enable parents to physically distance from one another and from staff.

School cleaning and hygiene supplies

Your school will continue to receive additional cleaning in line with the AHPCC guidelines and advice from NSW Health. Target areas include high-touch areas and other hard surfaces, door handles, lockers, light switches and handrails in stairways and movement areas. There will also be additional cleaning of toilets and bubblers and topping up of supplies like soap.

Your school has received supplies of soap, hand sanitiser, toilet paper, paper towels, disinfectant wipes and personal protective equipment. The school is able to order more as needed.

School activities return and timeline

Activities/site usage that can already take place:

- Use the school library
- Engage in non-contact sporting activities
- Canteens and uniform shops can open at principals discretion
- Year 11 and 12 students only may attend classes/activities relating to subjects only available on other campuses is allowed

Activities/site usage that can take place from Monday 15 June 2020

- School assemblies (limited to 15 minutes and no external visitors)
- Choirs and performing arts at school, with safety protocols in place
- Students may attend other schools for essential curriculum related reasons or placements (e.g. auditions or placement tests)
- Hydrotherapy pools can be used
- Incursions/external providers can provide activities that support delivery of curriculum (e.g. music tutors, sport skills development programs, science demonstrations, drama tutors, Healthy Harold).
- Community use activities used by students such as dance classes and student sport skills development, outside of school hours with limited adult attendance)
- Day field trips to outdoor locations with no physical distancing requirements can take place
- Face to face TAFE attendance (see TAFE website for further information)
- School photos
- Department of Community and Justice services and programs.

Activities/site usage that can take place from beginning of Term 3

- All school sport and activities including competitions aligned with current health advice (including those activities run by external organisations)



- Inter-school student events and competitions (choirs, sport, debating, public speaking, performing arts, Selective Sports High School trials etc)
- SRE/SEE lessons
- Work experience for students
- VET work placements can proceed subject to the availability of placement and appropriate risk assessments. For any that can't proceed, please see [The NESA website](#)
- School based apprenticeships and traineeships can recommence once the relevant workplaces are back in operation
- P&C meetings – with a strong preference for on-line where possible
- Parent/teacher meetings – where these need to take place – strong preference for on-line where possible unless involving serious matters that require face to face discussion
- Community use activities involving general adult attendance (such as community markets).

Activities under consideration from Term 3

The following events will be reconsidered in Term 3. For now these events must remain on hold.

- School camps
- Excursions (other than field trips explained above)
- Parent attendance at assemblies and other school events (e.g. graduation ceremonies or student speech events)
- Parent volunteers – e.g. parent reading helpers (note: canteen and uniform shop volunteers are permitted)
- Interstate excursions
- School based activities that involve large gathering of adults are not permitted at this time. These include parent/community gatherings such as parent functions, working bees, fundraisers, school BBQs, large parent information evenings, and large on-site cultural events. These large gatherings and the following activities will continue to be reviewed and assessed based on AHPCC and NSW Health advice and may be permitted at a later date.

Activities that are cancelled, delayed or not permitted

Certain large arts and sports events are cancelled or delayed because they require feeder activities and have long-lead time organisational arrangements. Please speak to your schools if you would like to know more. International excursions are cancelled until further notice.



Reporting and assessment

You will receive your child's semester 1 report before the end of August (Week 6, Term 3). This will be a simplified version of the report you normally receive. Schools are encouraged to discuss your child's progress with you before the written report is issued.



Responding to COVID-19 cases

There is a clear plan in place for schools to respond to any suspected or confirmed cases of COVID-19 in our schools. We are working closely with NSW Health and will communicate with parents if a situation arises. Find out more at the [response protocols page](#).



Transport

For travel advice to and from school refer to the [NSW public transport service](#).