



Term 2, Week 4



TERM 2	
Week 4	
Mon 18/5	Group A Students
Tue 19/5	Group B Students
Wed 20/5	Group C Students
Thur 21/5	Group D Students



HAPPY BIRTHDAY
TO YOU ...

Keira M., Amelie M., Ayden P.,
Charlotte M., Asher B.
and Leah T.



School Photos, Optimism and Future Gazing

Lots of words have been used to describe our current situation, from strange to unprecedented. As a consequence we have experienced many cancellations and postponements. I may not be successful at predicting the future, however, I have long been accused of being an optimist. So, with an optimistic hat on, we have rescheduled our school photo day!

Originally photos were to take place next week on Thursday 28 May.

Our new school photo day will be

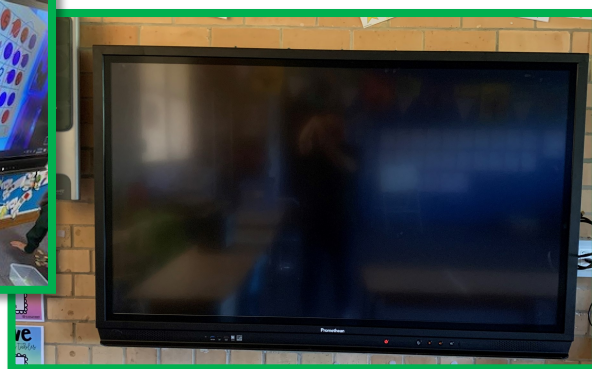
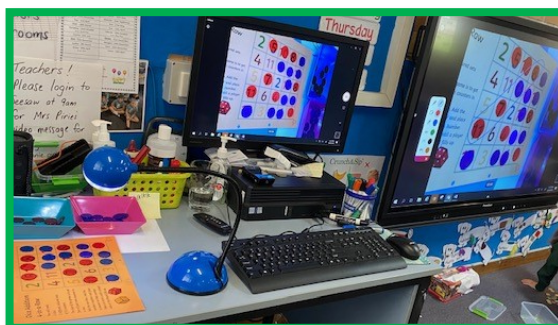
Thursday 20 August,

by which time we hope everyone will be back and ready to smile.



Exciting New Interactive Boards

While school was already so disrupted we took the opportunity to replace some of our interactive boards. Our new Promethean boards can be found in Kindergarten, 1/2J, 2/3W and 5/6TV.



Phase One

Whilst I have previously outlined what this phase of returning to school looks like for students, let me further explain what it looks like for staff. Prior to Phase One, teachers were rostered to supervise the students of essential workers, plan and monitor learning at home. These roles are still in place, however, there has been an increase in the number of staff required to supervise at school given we have moved from 1 or 2 groups per day, to 7 or 8 as we include scheduled students.

The impact you may feel is the time they now have to monitor learning at home. Teachers will still be collecting and providing feedback on the work sample outlined for each day but feedback may be delayed until they are rostered off from supervision. Juggling the face-to-face aspect and the online aspect of this phase is a new challenge we are polishing our skills at! Please keep in mind some staff receive well over 60 posts/uploads a day, which they love as they are connecting to their students, but don't always have time to individually respond to.

New Gate on Stillness Road

We have a shiny new gate on the school entry located on Stillness Road. Whilst older students will be able to open and close this gate effectively on their own, it is a child safety gate, so younger students will require help to open it. Should you drop your child off at this entry point please assist them with the gate until you can determine whether or not they can manage independently. There is a latch to lift up from the internal school-side of the gate, and from the external side you can push the button that forms the barrel of the lock or reach through to lift the latch. As this is a less visible entry/exit point to our school this will increase safety for our students. We do ask that you always close the gate behind you.

From the desk of the Principal

Contacting Staff

I'm sure with many of you now working from home you would understand the fine line when trying to maintain a healthy work/home balance. With this in mind I have advised staff not to 'check-in' to their work platforms over the weekend or for too long after the end of our work day. Therefore, if you are sending a message or email through over the course of a weekend, or after school, please be aware that it won't be received until the next work day. Thank you for your understanding.

Last Word

Never regret
a day in your life.

Good days give you
happiness, bad days
give you **experience**,
worst days give you
lessons, and best days
give you **memories**.

Have a good day!

Rae Redfern
Principal



Fathering Project Tips

Back to **BUS** basics

We're taking it back to basics this week with The Fathering Project's founding BUS principle.

With BUS, we can provide that internal dialogue that guides our children safely and happily through life. It's easy to remember and helps dads build good habits of fathering from birth to adulthood.

- **B - being there**
Be available, present and engaged. Always offer your presence so they know they can always ask.
- **U - unconditional love**
Love them and show it (even if you don't always love their behaviour).
- **S - special**
Recognise your child's quirks - what unique things do they bring to the world?

Ask yourself:

- Was I available and attentive today - either in person or through technology?
- Did I communicate my love today in a way that my child understood?
- Do I deliberately find different ways to help my child recognise their specialness, and feel worthwhile?

Dad Jokes

Q: *Why did the cookie cry?*

A: *Because his father was a wafer so long*



Road safety



Wearing helmets and riding safely

Wearing helmets

Your child must wear a helmet when riding a bike in any public place – it's the law. The helmet must comply with the Australian and New Zealand standards and needs to be securely fitted and fastened on your child's head. It should be buckled firmly so it fits without wobbling or slipping to the sides.

Always remember to check that your child is wearing a helmet whenever they're playing or riding on wheels –

- Bikes
- Foot scooters
- Rollerskates
- Skateboards
- Rollerblades.

Riding safely

Although children quickly learn to pedal, steer and brake, they aren't ready to cycle near traffic or on the road. Until they are at least 10 years old, your child should ride off-road away from vehicles and driveways.

The safest places to ride bikes, scooters and skateboards are within fenced areas. This helps your child from riding or falling onto the footpath or the road. Children under 16 and their

accompanying supervising adult riders may ride on the footpath, unless there are signs specifically prohibiting cycling. Riders need to take special care at driveways where vehicles may be driving in or out.

At intersections, riders must dismount and wheel the bicycle across the road as a pedestrian, following the **STOP! LOOK! LISTEN! THINK!** procedure.

For more information on keeping our kids safe around schools visit the parents section on safetytown.com.au

Messages to share with your children in Kindergarten to Year 4

- Always wear a helmet when you ride or skate
- Ride your bike away from the roads

Messages to share with your children in Years 5 and 6

- Always wear a helmet when you ride or skate
- Ride your bike away from busy roads



Lives lost on NSW roads.
Our goal is zero.



The simplest way

... to cook with kids.

Providing lots of opportunities for kids to be involved in the kitchen is a great way to raise healthy eaters, teach them life skills and boost their development.



Young kids can:

- Wash fruit and vegies
- Tear foods like lettuce or bread
- Use scissors to trim vegies
- Add premeasured ingredients
- Stir and sprinkle

Older kids can:

- Use measuring cups, spoons and scales
- Use equipment like salad spinners, and blenders under supervision
- Prep easy to chop foods with kid's knives
- Be in charge of preparing simple recipes

healthylunchbox.com.au