

Term 1, Week 5



Term 1 2020	
Week 6	
Mon 2/3	Kindy - Year 6 Gymnastics
Tue 3/3	Canteen Special - Sushi
Wed 4/3	Figtree High School Expo From 5:30pm
Week 7	
Mon 9/3	Kindy - Year 6 Gymnastics
Thur 12/3	Smiths Hill Selective High School test
Week 8	
Mon 16/3	Kindy - Year 6 Gymnastics
Week 9	
Sat 28/3	FHPS P&C AUTUMN FAIR

Canteen News Reminder

The *Sushi Canteen Special* has been postponed from Tuesday 25th February until Tuesday 3rd March.

FHPS Parents & Citizens Association
PRESENTS THE
Figtree Heights
AUTUMN FAIR
SATURDAY 28TH MARCH 2020
11AM - 3PM

FUN - FOOD - STALLS - RIDES - ENTERTAINMENT
FREE ENTRY

FIGTREE HEIGHTS PUBLIC SCHOOL
ST GEORGE AVENUE FIGTREE

WWW.FACEBOOK.COM/FIGTREEHEIGHTSPUBLICSCHOOL

The value of the fortnight is...

Integrity

Take a minute to think about how you are showing *Integrity* in everything that you do!

FHPS Parents & Citizens Association

OOSH SUB-COMMITTEE MEETING
WEDNESDAY 26TH FEBRUARY - 6.15PM - SCHOOL HALL
ALL PARENTS AND CITIZENS WELCOME !

HAPPY BIRTHDAY

TO YOU ...

Mia R., Justin Z., Abigail H., April K. and Harper T.



Student Representative Council

We have our Semester One SRC officially in council as of today. Congratulations to our new SRC, comprising of...



Back row:

Ethan D., Imogene A., Harry P., Ally L., Tyler M., Lily B., Isaac M., Sophie T.

Middle row:

Max P., Olivia M., Ollie L., Lucy W., Rowdy O., April B.

Front row:

Chloe T., Amalia S.

Gymnastics

Unfortunately our gymnastics instructor is sick today so our program is unable to run. An extra week will be added to the end, meaning our three weeks will be Weeks 6, 7 and 8...still on Mondays.

District Swimming Carnival

Congratulations to all students who took part in the District Swimming Carnival, and a big thank you to Mr Voysey and Mr Nielsen for supervising our competitors. Well done to the students who will be representing our district at the next level. More news can be found on this further in the Newsletter.

High Potential and Academically Gifted (HPAG) Year 5 Class

Previously called the Academically Gifted (AG) class, this program is again open for students in Year 5. The HPAG class is a withdrawal program that operates one day per week, Thursday, at a school other than the student's regular school. The class provides a dedicated learning environment for **Year 5** students from a range of schools and aims to provide enriched learning experiences for academically gifted students to assist them to optimise their learning.

The program will commence in Term 2 and will operate for a period of 24 weeks, concluding in Week 4 Term 4. Transport to and from the host school is by parental arrangement.

Notes are available for those interested and need to be returned to the office by Monday 2 March, 2020.

From the desk of the Principal

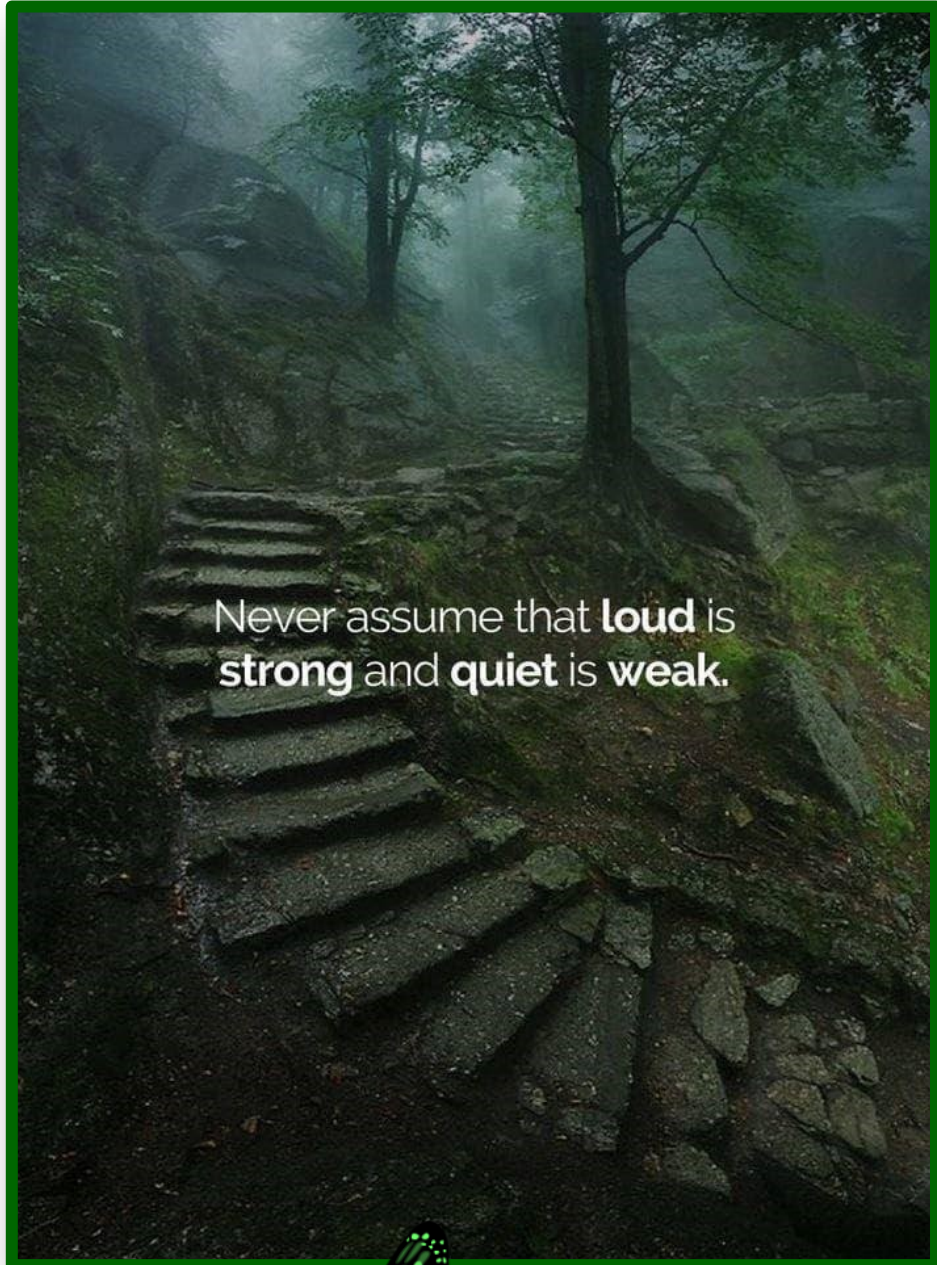
Absences

Should your child be unable to attend school please provide a reason for their absence either by emailing or phoning the office on the day, or sending a written note in with the student on their return to school. Thank you for your assistance.

Hats

Please double check your children are bringing the correct hat home. Many newly purchased and labelled hats have gone missing but are not in lost property. Should there have been a mix up we'd like to get as many hats back to the rightful owners as we can. As the weather gets colder this will no doubt also apply to jumpers!

Last Word



Have a good day!

Rae Redfern
Principal



Superstar Students

Congratulations to Nate H. who attended the Central Wollongong PSSA Boys basketball trials at Keiraville Public School last Friday.

Nate was successful in gaining selection to attend the South Coast Regional Basketball Trials, to be held at the Snakepit on Tuesday, 3 March.



Last Friday, 32 Figtree Heights students made their way to Western Suburbs Pool to compete in this year's Central Wollongong PSSA Swimming Carnival. All involved put in a massive effort during their events and the overall behaviour displayed by the students was exceptional.

Thank you very much to all of the parents that were able to come along and assist with time keeping throughout the day.

I would also like to congratulate Asher B. and Tamara B. for making it through to the South Coast Swimming Carnival for 50m Freestyle and 50m Backstroke respectively.

Well done to both of you.



Fathering Project Tips

Active Listening

Listen to your children to find out how they are feeling, and what is going on in their lives.

Sometimes your children may not tell you exactly what is going on with them. By actively listening, you can tell if they are happy or if something is bothering them.

Ask yourself:

- Do I talk 'to' my kids or 'with' them?
- When I talk with my kids, do I also really listen to them?
- Do I stop what I am doing and give them my undivided attention?

To listen well:

- Look at the person who is talking and occasionally nod, say "yes" or do something that signals you have understood.
- Pay attention and think carefully about what is being said.
- When the other person stops speaking show that you have really listened by asking a good question based on what they have just said.

"You can't impose on kids in your own timing and expect that they will open up then. You just have to wait for that moment when they want to talk. It might happen when you're washing up, when you're driving the car or maybe late at night when they walk into your study." – Sue Le Souef, solicitor.

Dad Jokes

Question:

Can I watch the TV?

Dad:

Yes, but don't turn it on.



Premier's Reading Challenge

These are the books read to different classes this week that will count towards your child's Premier's Reading Challenge.

Class	Date	Book	ID Code
KP	21/02/2020	The Very Brave Bear by Nick Bland	1268
K/1D	21/02/2020	The Very Brave Bear by Nick Bland	1268
1/2J	21/02/2020	The Very Itchy Bear by Nick Bland	67817
1/2CO	19/02/2020	The Dress-Up Box by Patrick Guest and Nathaniel Eckstrom	593322
2/3W	19/02/2020	One step at a time by Jane Jolly and Sally Heinrich	5744

Borrowing Books

Borrowing books from the library started last week. Lots of students borrowed lots of books which was fantastic! In order for a student to borrow a book, they must have a library bag.

Unfortunately some students have overdue books from last year that have not been logged as returned. These overdue books determine how many books your child is able to borrow from the library this year. If there are any books from last year that have been put in a safe place, can you please return them as soon as possible.

Miss Petkovska



Community News

FHPS Canteen

*The canteen is open for lunch orders
Monday, Wednesday and Friday*

**Don't forget to use our
HEALTHY canteen!**



Wednesday 26/2	Rebecca Brangovits & Diana Toth
Friday 28/2	Jennie MacRae, Tania Moon & Terrisa O'Neill
Monday 2/3	Nicole Jackson
Wednesday 4/3	Iolanda Fuduli & Jordan McDougall
Friday 6/3	Terrisa O'Neill, Belinda Monkman & Tiffany Wheatley



**Ready to
try
something
new?**

Falcons Hockey are holding
"come and try hockey" days
for kids 7-15

Feb 21st & 28th 4:30pm

**Uni of Wollongong
hockey field**

Free drink & lolly bag included



No cost, no obligation, just for
fun. Join a group of amazing kids
learning team skills, hand/eye
coordination and leadership -
while getting fit!

Register now
www.fmhc.org.au



**Online ordering
is here!**

The fast and secure way
to order and pay online.

From your mobile, tablet
or desktop:

Our school now has a great online
ordering system called Flexischools.

As well as being convenient for parents,
online orders are faster and easier to process
- so it helps to simplify everyone's day!



**CASH FREE,
HASSLE FREE**



**PAY ANYWHERE,
ANYTIME**



**SAFE &
SECURE**

Take advantage of this convenient new
service. Go to **flexischools.com.au**
and click **register**.

← LOGIN



REGISTER →

flexischools



4 Add your students,
select their school
and class.



3 Fill in your details
on the Registration
Form and click
"submit".



2 You will be sent a
registration email.
Click on the link in
the email to complete
the registration.



1 Go to
www.flexischools.com.au
and select the
REGISTER option and
enter your email address.

REGISTER



4 Select your payment
option. Pay for the one
order or "top up" your
account. Complete
payment to place order.



3 Add each of your
items. Extras and
options will appear
where relevant to
the item.



2 Select the service
you wish to
purchase from.
You can also set up
orders in advance.



1 Go to
www.flexischools.com.au
and select the
LOGIN option. Click on "Start an
order" for your student.

ORDER

flexischools.com.au



Expo Night

Figtree High School Auditorium
5:30pm Wednesday 6th March 2019

Parents and Year 6 students who are interested in finding out what Figtree High has to offer in Year 7 2020 are invited to the annual Expo Night

School Open Evening
Faculty Displays
Games
Student guides
Technology

For further information, please call or email us:

02 4271 2787

figtree-h.school@det.nsw.edu.au



ILLAWARRA SPORTS HIGH

SUPPORTING TALENTED ATHLETES THROUGH EDUCATION

2020 INFORMATION & OPEN NIGHT

Monday 24th February 2020
6.00pm til 8.00pm
Illawarra Sports High School Hall
Guru Street, Berkeley



The Open Night will provide parents and students with information regarding local enrolments and the Talented Sports and Development Program. Information for students in years 5 to 10. Register your interest online www.illawaspor-h.schools.nsw.gov.au



ILLAWARRA SPORTS HIGH

SUPPORTING TALENTED ATHLETES THROUGH EDUCATION

2020 SPORTS PROGRAM TRIALS

Trials are open to year 6 students looking to enrol in Year 7, 2021 and students currently in years 7 to 10 for enrolment in semester two 2020 or 2021. Athletes must be enrolled in a community club. Register online www.illawaspor-h.schools.nsw.gov.au



Thursday 26th March 9.30am to 11.30am
Illawarra Sports High School

RUGBY LEAGUE | RUGBY UNION | FOOTBALL - SYDNEY FC ELITE AND FSC DEVELOPMENT | BASKETBALL
HOCKEY | NETBALL (GIRLS ONLY) | TOUCH, TAG & TACKLE (GIRLS ONLY)