

Term 1, Week 2



| Term 1 2020 | |
|-------------|--|
| Week 3 | |
| Tue 11/2 | School Swimming Carnival Western Suburbs Pool, Unanderra 12-3pm for students turning 8 years and older in 2020 |
| Wed 12/2 | Scripture starts |
| Week 4 | |
| Tue 18/2 | Parent Information Sessions Stage 3—3:30pm Stage 1—4:00pm Stage 2—4:30pm Kindy (Early Stage 1)—5:00pm |
| Fri 21/2 | District Swimming Carnival |

HAPPY BIRTHDAY TO YOU ...

Gideon Moore, Andre Dzeperoski, River Meredith,
Imogene Anderson, Olivia Burnes, Ethan Dzeperoski,
Isaac Vasic, Oscar Tenhave, Keiana O'Neill,
Bilal Abdul Latif, Amani Abdul Latif, Amelia Elphick,
Taylan Caylioglu, Isaac Polhill, Conner Vasiliou,
Georgia Harvey, Tom Fischer, Lucas Jiang,
Dallal Maulaie, Chelsea Neill, Charlie Kerr, Layla Carey,
Oliver Edwards-Jones, Stella Fisher, Lachlan Morgan
and Daniel Ghafourian Gemeshbash



Welcome to 2020!

A big 'Welcome back' to our existing families as well as a warm 'Welcome to our school' for new families. It was very exciting today as our newest students started in Kindergarten. I was lucky enough to spend some of the morning with them and they had all settled in rather well within the first 15 minutes, which is great!

Some Changes for this Year

A new year is bringing a few new changes that might be of interest to you:

- St George Ave top gate will now be locked. We realise this may be an inconvenience for some students entering the school grounds, however, this was to reduce entry and exit points for students and visitors to ensure student safety. The more visible gate near the front office and the top gate to Stillness Ave will both be closed but unlocked. Should you enter the school grounds via one of these gates please close the gate behind you.
- Monday Morning Assembly will now be held under the New COLA. This will also be our 'special' assembly that involves handing out certificates (as they arise for different sports or Premier's events), Super Star certificates etc rather than have our Friday afternoon assemblies in the heat of the afternoon in our hall.
- Tuesday-Friday we will assemble in the Old COLA very shortly for any announcements before dispersing to class.

Novel Coronavirus

The most recent advice from the Australian Government Department of Health is:

- Any student and staff arriving in Australia *from 1 Feb 2020* who has been in mainland China or transited through mainland China (not just Hubei province) is excluded from school and child care services for a period of 14 days from the date they left mainland China as the Novel Coronavirus' incubation period can be as long as two weeks.
- Any confirmed case of Novel Coronavirus will be excluded until they are medically cleared to return.
- Close contact of a confirmed case of Novel Coronavirus will be excluded for 14 days since last contact with the confirmed case.
- Any student and staff arriving *before 1 Feb* our previous advice remains that students and staff who were in Hubei province are excluded from school or child care services for 14 days, and those who were in the rest of China are requested not to not attend school or child care services for a period of 14 days after leaving China.

More information can be found at [NSW Health](#).

Students who returned to Australia from mainland China more than 14 days ago and have shown no symptoms are able to return to school.

The Ministry of Health has processes in place to identify any close contacts of cases confirmed in Australia. Advice about not attending school would be provided to these close contacts by the Ministry of Health.

There has been a small number of confirmed cases of novel coronavirus in NSW.

Consistent with current guidelines, staff and students who are unwell with respiratory illness should remain at home until symptoms resolve. In accordance with our current practice if any child becomes unwell we will implement our infection control guidelines and follow the advice provided by the Ministry of Health as appropriate.

The Department of Education will continue to work with the Ministry of Health to monitor and respond to the unfolding international novel coronavirus situation.

From the desk of the Principal

Parent Information Meetings

We will be holding our Parent Information Meetings in Week 4 on Tues 18th Feb. We have scattered our times to allow for siblings in different classes.

- 3:30 Stage 3 - in 5/6 TV
- 4:00 Stage 1 - in 1/2 CO
- 4:30 Stage 2 - in 3/4 B
- 5:00 Early Stage 1 (Kindergarten) - in the Kindergarten rooms

Wollongong High School Applications

Applications for Wollongong High School of the Performing Arts for Year 6 students wishing to apply for 2021 are now open. Applications are only accepted online. For more information go to <https://www.millenniumschoools.net.au/whspa/?id=8213>

Donations

For those wishing to donate to our School Supply drive for fire affected schools, it would be wonderful if donations are in by Fri 7 Feb or before school Mon 10 Feb at the latest. Thank you to those who have already shown such great support.

Last Word



Have a good day!

Rae Redfern
Principal

Superstar Students

Maeve Hicks completed her Australian Music Examinations Board Drama & Performance Examination (Second Grade) with a High Distinction. Congratulations!



Imogene Anderson competed at the Little Athletics Region 4 Championships over the weekend. She won 1st place in the 1100m walk, 2nd in the 60m hurdles and 2nd in discus. Imogene will now go on to compete in the Little Athletics State Championships next month. Congratulations!



FHPS | Parents & Citizens Association

PRESENTS THE

Figtree Heights

AUTUMN FAIR

.....
**SATURDAY 28TH
MARCH 2020
10AM - 2PM**



FUN - FOOD - STALLS - RIDES - ENTERTAINMENT
FREE ENTRY

FIGTREE HEIGHTS PUBLIC SCHOOL
ST GEORGE AVENUE FIGTREE

WWW.FACEBOOK.COM/FIGTREEHEIGHTSPUBLICSCHOOL



School Banking day will be Wednesdays for Term one. Please ensure you fill in your deposit slip including student number.

If you would like more information on school banking, please contact Rebecca Anderson 0412 469 343.



Nutrition Snippet

The simplest way

... to cook with kids.

Providing lots of opportunities for kids to be involved in the kitchen is a great way to raise healthy eaters, teach them life skills and boost their development.



Young kids can:

- Wash fruit and vegies
- Tear foods like lettuce or bread
- Use scissors to trim vegies
- Add premeasured ingredients
- Stir and sprinkle

Older kids can:

- Use measuring cups, spoons and scales
- Use equipment like salad spinners, and blenders under supervision
- Prep easy to chop foods with kid's knives
- Be in charge of preparing simple recipes

healthylunchbox.com.au



Bookclub Issue 1 closes Sunday 16th February 2019.

Scholastic Bookclub Orders

Cash or cheques will not be accepted as payment.

All Bookclub purchases must be done online using the Scholastic Loop Payment Portal.

If you wish to purchase books for a gift and would like the option to pick up from the School Office, there is now an option to select this when you order online.

If you have any queries or require assistance, please contact the Bookclub Coordinator Rebecca Anderson on 0412469343.

Community News

FHPS Canteen

The canteen is open for lunch orders
Monday, Wednesday and Friday

**Don't forget to use our
HEALTHY canteen!**



| | |
|---------------------------|--|
| Wednesday 5/2 | Diana Toth & Rebecca Brangovits |
| Friday 7/2 | Karen Polhill, Sarah Snelson & Tania Moon |
| Monday 10/2 | Dean Harvey & Nicole Jackson |
| Wednesday 12/2 | Atared Latif & Asmaa Moussi |
| Friday 14/2 | Sara El Gamal & Angie Fischer/Jennifer |



Our Canteen uses Flexischools Online Ordering!

Flexischools allows parents, students and staff to place and pay for orders from home, work or school at any time via their mobile, tablet or computer.

As well as being convenient for parents, the online orders are much faster and easier for the school canteen to process - so it makes everyone's life a little easier!

Flexischools is well established, operating in over 1,000 schools across Australia and having processed over 40 million orders.

How to register:



1. Register for Flexischools by visiting www.flexischools.com.au. Add your student, their school and class to get started.
2. Top-Up your account via Visa, Mastercard, PayPal or direct deposit.
3. Make an order by selecting from the range of options available and proceed to make payment for the order listed in your order pad.

What does it cost?

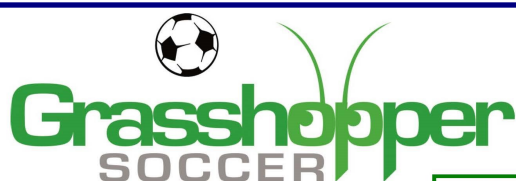
Online Ordering Fees \$0.29 per canteen order

Account Top-Ups

Direct Deposit – FREE (3-5 business days to become available in your Flexischools account)

Visa / Mastercard / Paypal – Surcharge of 1.5c + 1% of your top up value. (Immediately available in your Flexischools account.)

Need assistance registering, topping up your account or placing orders, please call the Customer Service Team at Flexischools on **1300 361 769**.



grasshoppersoccer.com.au
illawarra@grasshoppersoccer.com.au
facebook.com/GrasshopperSoccerIllawarra

**CALL NOW
FOR A
FREE TRIAL**

Soccer Fun For Girls & Boys Aged 2 to 12!

TERM 4, 2019 PROGRAM starting from October 26

Locations: Figtree, Corrimal & Lake Illawarra

CALL NOW TO BOOK YOUR PLACE! 0412 428 195

Mite-E Soccer (2-3yo)

A great introduction to Soccer!
Children work with their parents to learn new soccer skills and develop their motor skills! Lots of fun games in a non-competitive environment

35 minute classes
\$120 for 8 weeks



Pint Size Soccer (4-5yo)

Children take their first kicks in soccer! They'll be introduced to shooting, dribbling, goal keeping and more. Children get to play lots of fun, skill based games. Grasshoppers get introduced to the Pint Size 1v1 Big Game!

50 minute classes
\$135 for 8 weeks



Intro to Micro (5-6yo) Micro (6-8yo)

The ultimate challenge for young soccer players! They'll learn the rules of the Grasshopper Soccer Big Game and develop their skills in passing, dribbling, shooting and more.

Intro - 60 mins \$145 for 8 weeks
Micro - 75 mins \$150 for 8 weeks



Micro Plus (8-12yo)

This program focuses on skill development and teamwork in preparation for club soccer. Children will enjoy all the favourite soccer based games, fine tune their skills as well as play the Grasshopper Soccer Big Game!

75 minute classes
\$150 for 8 weeks



**NOW
OFFERING!**

Preschool & Primary School Programs

Enquire now for more information!

SWIM LESSONS



ENQUIRE TODAY!

www.ecsportz.com.au
Physical Therapy Building
60 Rosemount St
WOLLONGONG NSW 2500
0401 691 049

Volunteering For The School Canteen

Dear Parents and Carers

The P&C Canteen Committee are asking for volunteers to help in our canteen. The roster will commence from February 2020 and will run until December 2020.

The canteen hours are as follows:
Monday, Wednesday and Friday from 9:00am to 12:00pm (approx)

These canteen opening times are subject to sufficient volunteers to enable the roster to be filled.

No experience is necessary for canteen duty. Just a day or two a term of your time is needed to deliver this service to our children. Mums, dads, carers, aunts, uncles and grandparents are most welcome to volunteer, we just need you to complete 100 points of identification and a Declaration for Volunteers Form (Appendix 5) through the school office.

The more volunteers we have the less frequent your roster days will be, so please consider adding one canteen day a month to your calendar. Without volunteers it would be impossible to provide this service.

If it is difficult for you to commit yourself on a regular basis, please consider volunteering as an emergency contact for the odd day that needs filling, or volunteering an hour to help out on our busiest day, Friday. You can also nominate to be included in our canteen volunteers closed group on Facebook. This will allow you to see when we are short of volunteers and fill in as you are able.

Please fill in the form below indicating your first and second preference and send it back to the office as soon as possible. The P&C Canteen Committee greatly appreciates all those volunteering their services for the year.

Thank you

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2020 Canteen Duty

Volunteer's Name: _____ Phone (M): _____

Email: _____ Child/ren Name: _____ Class/s: _____

I would like to help in the canteen on the following day(s) each term. Please indicate.

| Week of the term | Monday 9.00 – 12.00 | Wednesday 9.00 – 12.00 | Friday 9.00 – 12.00 |
|-----------------------|------------------------|---------------------------|------------------------|
| Week 1 | | | |
| Week 2 | | | |
| Week 3 | | | |
| Week 4 | | | |
| Week 5 | | | |
| Week 6 | | | |
| Week 7 | | | |
| Week 8 | | | |
| Week 9 | | | |
| Week 10 | | | |
| Week 11 – Term 1 only | | | |

ELSE

- ☐ I would like to be placed as an Emergency contact: Day(s) Available: _____
- ☐ I would like to be rostered on canteen with: _____
- ☐ I would like to be included in the canteen volunteers Facebook group: FB profile _____
- ☐ I would like to be rostered on canteen on the same day as in 2019: (existing volunteers)