

# Term 4, Week 3



TERM 4	
Week 3	
Wed 28/10	<b>CANTEEN SPECIAL</b>
Week 4	
Wed 4/11	Figtree High School Visit - Year 7 2021 transition
	P&C Meeting
Week 5	
Fri 13/11	Sydney FC visit
	SRC FUNDRAISER Crazy hair and fun day
Week 6	
Fri 20/11	Sydney FC visit
Week 7	
Fri 27/11	Sydney FC visit
Week 8	
Mon 30/11	Figtree High School - Information Night
Tue 1/12	Figtree High School - Orientation
Wed 2/12	P&C Meeting
Fri 4/12	Sydney FC visit
Week 9	
Fri 11/12	Sydney FC visit
Week 10	
Wed 16/12	LAST DAY FOR STUDENTS
Thur 17/12	STAFF DEVELOPMENT DAY
Fri 18/12	STAFF DEVELOPMENT DAY

## Superstar Awards

Congratulations to the following

### Bronze

Superstar student:

Owen B.

Congratulations to the following

### Silver

Superstar students:

Taylan C., Darcee C., Issy C., Dahlia D.,  
Jai D., Adam E., Liam H., Leon M.,  
Levi S. and Justin V.

Congratulations to the following

### Gold

Superstar students:

Violet B., Lily B., Marli D. and Chelsea N.

**HAPPY BIRTHDAY TO YOU ...**

Violet B., Barry D.  
and Darcee C.



## Canteen Drinks and Ice-block Day

WHEN? Wednesday, 28 October

All drinks are \$1 and ice-blocks are 50c.

Our canteen is planning to officially reopen in 2021. For the remainder of this year, keep an eye out for 'Special' days which will be advertised through the Newsletter.

### 2021 Staff Development Day Changes

At the start of each year school staff return a day before students do and then remain at school for two days at the end of the year after students have finished.

Last week, we were advised that for next year staff will return two days earlier than students and remain for one day later at the end of the year. As we work around Australia Day, this means the dates for the start of school, 2021, will be:

Wednesday 27 and Thursday 28 January	Staff Development Days (no students)
Friday 29 January	First Day for students Years 1-6 (Kindergarten will have an allocated time to complete the Best Start Assessment on this day)
Monday 1 February	First Day for Kindergarten

### Health Warning

We have been notified that one of our students was diagnosed with impetigo late last week so should your child have a suspicious looking rash, it is worth checking into. For those unsure what to look for, this is from the Health Department:

*Impetigo occurs in two forms, blistering and crusted. In blistering impetigo the blisters arise on previously normal skin, and rapidly grow in size and number. The blisters quickly burst and leave slightly moist or glazed areas with a brown crust at the edge. The spots expand even after they break open and can be many centimetres wide. They sometimes clear in the centre to produce ring shaped patterns. They are not usually painful, but can be itchy. Crusted impetigo has a thick soft yellow crust. Beneath this crust is a moist red area. Crusted impetigo spots grow slowly and are always smaller than the fully developed spots of blistering impetigo. They are not usually painful, but can be itchy.*

More information can be found at

<https://www.health.nsw.gov.au/Infectious/factsheets/Pages/impetigo.aspx>

### Applying for Year 7 Placement in a Selective High School 2022 Reminder

If you are interested in your child applying for Year 7 selective high school placement in 2022 (so current Year 5 students) please don't forget the application website is now opened and closes on **November, 16 2020**. A note was sent home with all Year 5 students at the start of the term.

# From the desk of the Principal

## Last Word

Australia celebrates *World Teachers' Day* on Friday 30 October.

I, for one, am very appreciative of the amazing teachers I get to work alongside of each day and would like to thank them for their ongoing care, professionalism and dedication to our students and our school.

a teacher  
TAKES A  
hand  
OPENS A  
mind  
& TOUCHES A  
heart

Have a good day!

*Rae Redfern*  
Principal



# Awards Gallery

## Bronze



## Silver



## Gold





# FHPS Murals

Wow...What a transformation! Have a look at what Austin did over the weekend and finished off today...

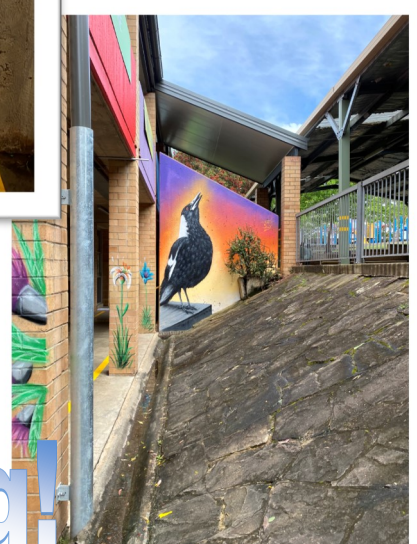
## Before...

There were plain walls leading up to KP and K/1D.

However, that's all changed now!



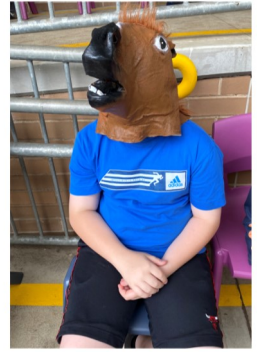
## After...



## Amazing!



# Book Week







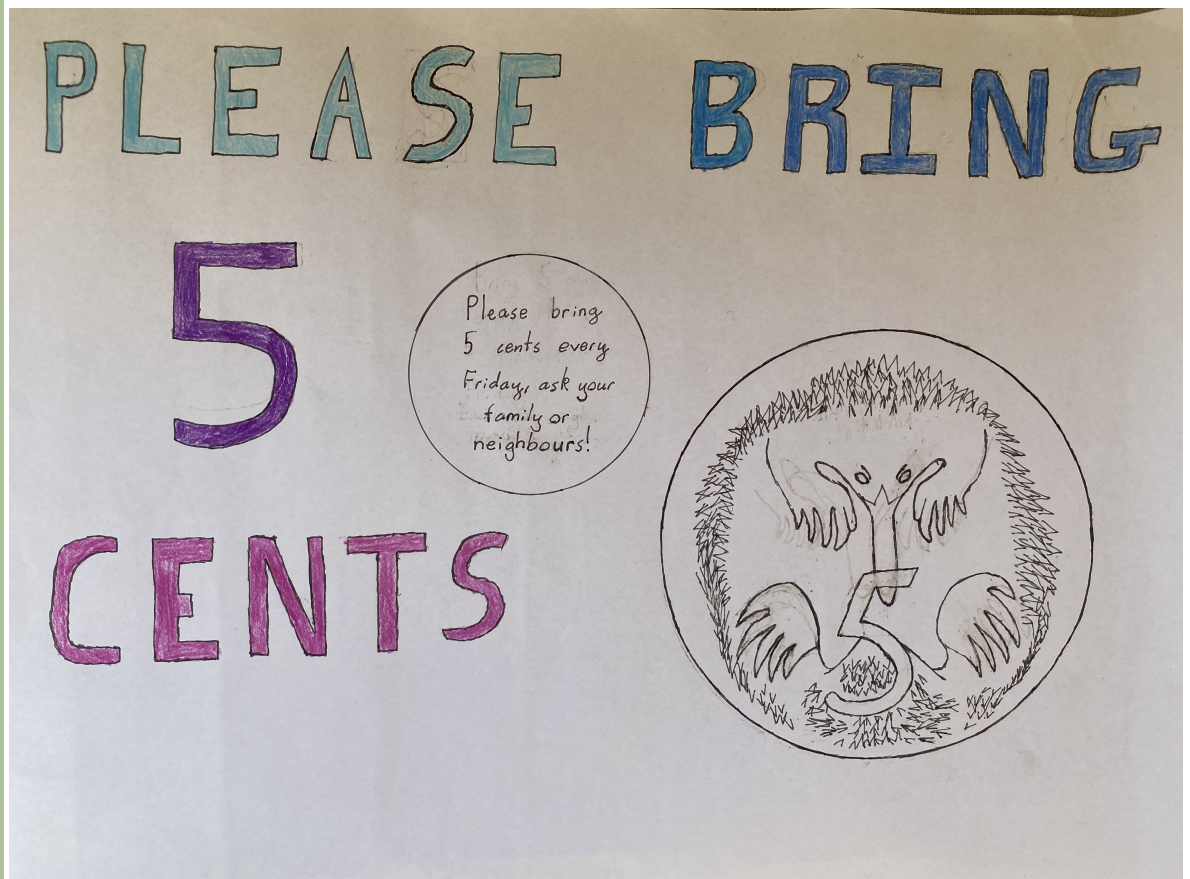
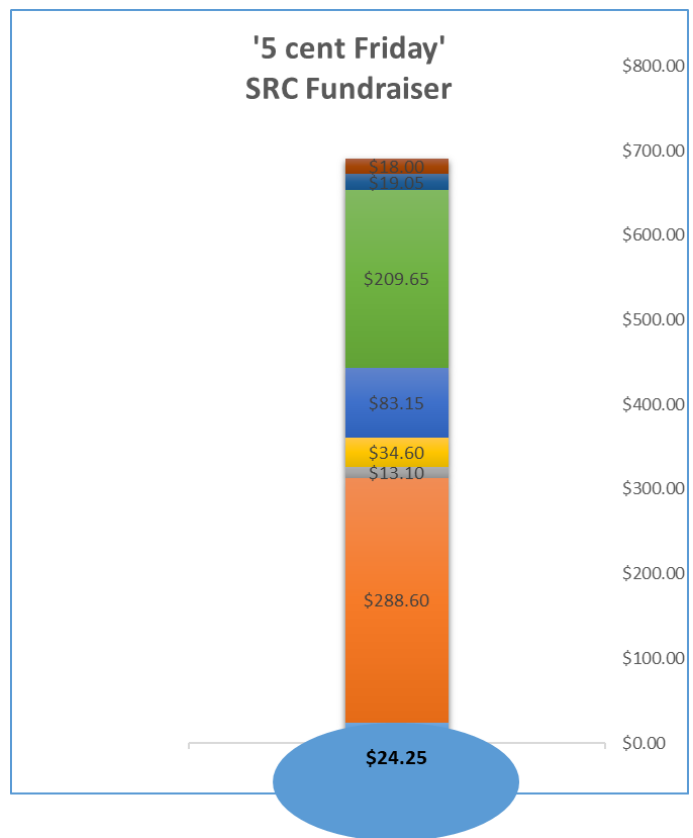


# SRC Spotlight

Last week we raised \$18.00.

This brings our total to \$690.40.

Thank you,  
SRC





# FIGTREE HEIGHTS PUBLIC SCHOOL PARENTS & CITIZENS ASSOCIATION



*Your* P&C Federation  
Committed to Public Education

**WEDNESDAY 4TH NOVEMBER 2020**


**ANNUAL GENERAL MEETING 6.30PM  
GENERAL MEETING 7.00PM**

## **VIRTUAL MEETING ON ZOOM**

**RSVP via email to [fhpspanc@gmail.com](mailto:fhpspanc@gmail.com) for meeting link**

**SHOW YOUR COMMITMENT AND STAY INFORMED  
BECOME A MEMBER TODAY!**


[WWW.FIGTREEHTS-P.SCHOOLS.NSW.EDU.AU/FHPS-P-C/P-C](http://WWW.FIGTREEHTS-P.SCHOOLS.NSW.EDU.AU/FHPS-P-C/P-C)



The value of the fortnight is...

# Responsibility

Take a minute to think about how you are showing Responsibility in everything that you do!



© Lindy du Plessis 2015

Link to The Fathering Project channel – a website with stacks of videos on fathering ideas, tips, webinars, interactive opportunities, podcasts and more!

<https://thefatheringproject.org/fathering-channel/>

## FATHERING PROJECT TIPS

### Supportive Learning

**When a child's learning is supported by their dads, they tend to be more motivated, engaged and enthusiastic in school.**

Here are some tips to help you give your kids the support for learning they need:

- Encourage your child to chat to you about how their day went - good or bad. This will not only help develop memory skills, it will also help build their ability to express emotions and extend their vocabulary beyond 'It was good/boring/ok.'
- Focus on attitude, not effort. No matter how their day went, try to reinforce the positives, give lots of encouragement and tell them how proud you are of their hard work.
- Appreciate that there are different kinds of intelligence – academic Intelligence is just one of them.

### Dad Jokes

People are usually shocked when they find out that I'm not a good electrician.





# JOIN OUR NDIS FAMILY YARN UP



## You are invited to a free yarn up for parents run by the Better Start team at Carers NSW

Come to a free online information session for all parents and guardians of children with disability or developmental delay aged up to 12 years old. It does not matter whether your child has an NDIS plan or not. You will be able to meet other parents and chat about your experiences.

Local speakers include:  
-ECEI partners (0-6 age group NDIS)  
-Local Area Coordinators (7+ age group NDIS)  
-Local Disability Advocacy Agency  
-NSW Dept of Education

If you would like to attend but cannot, please let us know. This will help us to plan future sessions.

### EVENT INFORMATION:

**WHEN:** 12th November 2020  
9:30am - 1:10pm (with a mid-way break)

**HOW:** Online via Zoom

**WHO:** Speakers will be from the Illawarra region. However, families who do not reside in Illawarra are also welcome.

**RSVP:** The Better Start Team  
**CALL US:** 02 9280 4744  
**EMAIL:**  
betterstart@carersnsw.org.au  
**REGISTRATION FORM:**  
<https://analytics-au.clickdimensions.com/cn/aosfc/movingforward>

**COST:** Free

# CARING FOR A CHILD WITH DISABILITY?



## You are invited to a free online workshop for parents run by the Better Start team at Carers NSW

Come to a free online information session for all parents and guardians of children with disability or developmental delay aged up to 12 years old. It does not matter whether your child has an NDIS plan or not. You will be able to meet other parents and chat about your experiences.

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## Road safety



### 40km/h school zones

40km/h school zones slow traffic on the roads around schools. This is to help protect children on their way to and from schools at the times and places where they are often in high numbers. Most 40km/h school zones operate between 8.00am and 9.30am and from 2.30pm until 4.00pm. The 40km/h school zone speed limit must be observed even if school children cannot be seen.

A 40km/h school zone operates on all notified school days including staff development days (student-free days). While some schools may operate on different term dates, school zone speed limits must be followed during NSW Government determined school terms.

You can find the school term dates on the following websites:

- [roadsafety.transport.nsw.gov.au](https://roadsafety.transport.nsw.gov.au)
- [educationstandards.nsw.edu.au](https://educationstandards.nsw.edu.au)
- [education.nsw.gov.au](https://education.nsw.gov.au)

To increase motorists' awareness of 40km/h school zones, triangular 'dragon's teeth' road markings indicate that the vehicle is entering a school zone.

Fines and a loss of demerit points will apply if the 40km/h speed limit isn't followed. For more information on fines and demerit points, visit [rms.nsw.gov.au](https://rms.nsw.gov.au)

For more information on keeping our kids safe around schools visit the parent's section on [safetytown.com.au](https://safetytown.com.au)



Lives lost on NSW roads.  
**Our goal is zero.**



## The simplest way

... to get kids excited about eating veg!

With only 5% of NSW kids eating enough vegetables, Cancer Council supports this great initiative linking vegetables to fun times!



Join hundreds of primary schools across NSW this term and **register** for **Vegetable Week & The Big Veggie Crunch, Monday 1st to Friday 5th April, 2019.**

Help break the record for the largest number of children eating vegetables simultaneously. More than 50,000 children crunched together in 2018. Let's smash this number in 2019!

For more information visit **[healthykids.com.au](https://healthykids.com.au)**

**[healthylunchbox.com.au](https://healthylunchbox.com.au)**