

# Flying Figtree

Term 2, Week 4



## superstars

Congratulations to the following **Bronze** Superstar students:

Grace Goodsell, Eva Bonacina, Xavier Cooper, Samoil Kuzmanovski-Ellsley, Keira Meagher, Brylee Ellem, Anastasia Popovska, Gideon Moore, Owen Manning, Arlo Steffen, Lily Zhu, Kyla Nowlan, Laura Smith, Caelan Cook, Aiden Meagher, Stefan Anagnostopoulos, Sebastian Criddle, Chloe Fisher & Lewis Andrews.

Congratulations to the following **Silver** Superstar students:

Alexandra Wira.

We will see you on Wednesday at the morning assembly!

## HAPPY BIRTHDAY TO YOU...

Theodore Rainford, Keira Meagher, Rachel Leo & Jayda Brain.

## Term Planner

Term 2	
23 <sup>rd</sup> May	Rugby Union Knockout - Golburn
23 <sup>rd</sup> -24 <sup>th</sup> May	Junior Band Camp
25 <sup>th</sup> May	Debate Comp at school
26 <sup>th</sup> May	National Sorry Day
27 <sup>th</sup> May	Athletics Coaching for Stage 1 & 2 Rugby Union State Finals @ Moore Park
1 <sup>st</sup> June	3/4F Assembly Figtree High Scholarship applications available
3 <sup>rd</sup> June	Kindy Symbio Excursion Netball Knock out
8 <sup>th</sup> June	5/6N Assembly
10 <sup>th</sup> June	Debate Comp
13 <sup>th</sup> June	QUEENS BIRTHDAY – NO SCHOOL
14 <sup>th</sup> June	Stage 2 History Excursion to Botanic Gardens
21 <sup>st</sup> June	Kinder 2017 Expo Night
26 <sup>th</sup> July	School Athletics Carnival

**Are you up to date with what is happening at our school?**

Do you have our school app?  
Have you liked our Figtree Heights Public School 'LIKE' Facebook page?





# *From the desk of the Assistant Principal*

## **Premier's Reading Challenge (PRC)**

Our students are busy reading and logging their PRC books.

### **What is the PRC?**

The Challenge aims to encourage a love of reading for leisure and pleasure in students, and to enable them to experience quality literature. It is not a competition but a challenge for each student 'to read, to read more and to read more widely'.

### **Who is involved?**

The Premier's Reading Challenge (PRC) is available for all NSW students - Kindergarten to Year 9. **At FHPS, ALL students** (Kindergarten to Year 6) are expected to complete the challenge.

### **What do students need to do?**

## **READ!**

There are thousands of books on the PRC list.

PRC listed books are quality literature. You can look up what books are on the list on the PRC website. Our Hive has many PRC books; they are located in the PRC sections.

### **What if a book is not on the PRC list?**

If you have read a book that is not a PRC listed book it can count as a 'choice book'.

### **How many books do students have to read?**

**Kindergarten - 30 books** (25 PRC books + 5 choice books)

**Year 1 - 30 books** (25 PRC books + 5 choice books)

**Year 2 - 30 books** (25 PRC books + 5 choice books)

**Note: K – 2 students can read the books on their own, read with someone or someone can read to them**

**Year 3 - 20 books** (15 PRC books + 5 choice books)

**Year 4 - 20 books** (15 PRC books + 5 choice books)

**Year 5 - 20 books** (15 PRC books + 5 choice books)

**Year 6 - 20 books** (15 PRC books + 5 choice books)

Students in years K - 2 can read 'Yrs K-2, Yrs 3-4 and Yrs 5-6 PRC books'

Students in years 3 - 4 can read 'Yrs 3-4, Yrs 5-6 and Yrs 7-9 PRC books'

Students in years 5 - 6 can read 'Yrs 5-6 and Yrs 7-9 PRC books'

### **How do I log books?**

**Infants students** (Kinder – Year 2) will have their books logged for them by teachers.

**Primary students** (Years 3 – 6) will log their own books. All classes have been taught the process.

You can Google 'PRC' or visit <https://online.det.nsw.edu.au/prc/home.html>, log on using your Department of Education username and password. Click on **Student Reading Records** and enter books (either search by title, author or enter using the PRC ID number).

More detailed instructions are available from The Hive.



# From the desk of the Assistant Principal

## District Cross Country



## Winter Uniform Changeover

Starting Monday (23/5/16), all students are expected to be in full winter uniform.

This includes black shoes on all days except Friday (including black laces in the shoes).

We take pride in wearing school uniform at FHPS and we love the sense of belonging it gives to our students.

Please help us continue this proud tradition. If you have any questions regarding uniform please speak to your class teacher or the front office.

## Farewell Mrs Thompson

On Wednesday we said 'farewell' to our 'office lady,' Mrs Victoria Thompson.

Mrs Thompson's friendliness, care and devotion to our students and staff will be missed. Mrs Thompson is a treasured asset to our wonderful school.

On behalf of FHPS I would like to thank Mrs Thompson for everything she has done over the years and wish her all the best in her retirement.

## District Cross Country

Congratulations to all the students who participated in the Central Wollongong District Cross Country Carnival. By all reports their behavior was outstanding and our results were just as impressive.

A special congratulations to Nathanael Burns who came 5<sup>th</sup> in the 10 years boys race. Nathanael will represent Central Wollongong in the Regional Cross Country in Cambewarra on the 3<sup>rd</sup> of June.

Kind regards,  
**Sarah Thurston**  
Assistant Principal



# P&C News

**FIGTREE HEIGHTS PUBLIC SCHOOL  
PARENTS & CITIZENS  
ASSOCIATION**



*You* P&C Federation  
COMMUNITY - EDUCATION - ENVIRONMENT

## **ANNUAL GENERAL MEETING**

**WEDNESDAY 15TH JUNE**

**6.30PM IN THE HIVE**

**CHILD MINDING AVAILABLE**

*ALL PARENTS & CITIZENS WELCOME*

**SHOW YOUR COMMITMENT AND STAY INFORMED  
BECOME A MEMBER TODAY!**

[WWW.FIGTREEHTS-P.SCHOOLS.NSW.EDU.AU/FHPS-P-C/P-C](http://WWW.FIGTREEHTS-P.SCHOOLS.NSW.EDU.AU/FHPS-P-C/P-C)

Please note to vote at the Annual General Meeting you **MUST** be a P&C member.

Membership forms are available at the front office.

## **Thanks for the Memories.....**

Dear Figtree Heights parents and school community,

As you may have heard I am taking leave from school, which will then flow into my retirement later in the year.

I would like to thank all of the families at Figtree Heights for their friendship and support throughout the 10 years I have worked at the school. I will take with me happy memories of the many school activities including Village Fairs, Presentation Days, Book week and Easter Hat parades.

Farewell and thanks from,

# Community News

## Canteen News

### Canteen Roster

The canteen is open on a **Monday, Wednesday** and **Friday** for lunch orders.

Snacks only at lunchtime on **Tuesday** and **Thursday**.

**Don't forget to use our canteen!**

<b>Monday</b>	<b>Helen Perna</b>
<b>Tuesday</b>	<b>Cindy Ladmore &amp; Jacqui Smart</b>
<b>Wednesday</b>	<b>Sonya DeBruyn</b>
<b>Thursday</b>	<b>Jennifer Monro &amp; Natalie Reynolds</b>
<b>Friday</b>	<b>Sonya DeBruyn &amp; Brooke Bridge</b>

### What is Due and When?

<b>What</b>	<b>When</b>
<b>Fairest of Them All performance s/s</b>	<b>OVERDUE</b>
<b>5/6 Camp notes and money s/s</b>	<b>Wednesday 7<sup>th</sup> September</b>
<b>Stage 2 Classroom Costs for Term 1 s/s</b>	<b>OVERDUE</b>
<b>Reading Eggs s/s</b>	<b>OVERDUE</b>
<b>Maths Online s/s</b>	<b>OVERDUE</b>

**Please note:**

S/S= selected students only

## School Information

**Find our app:** Go to the app store and download the FHPS app.

**User name:** community

**Password:** figtreehtsps

**School Phone:** 42 286555

**School email:** [figtreehts-p.school@det.nsw.edu.au](mailto:figtreehts-p.school@det.nsw.edu.au)

**Website:** <http://www.figtreehts-p.schools.nsw.edu.au/>

**Facebook:** <https://www.facebook.com/FigtreeHeightsPublicSchool/>

Introducing

**SCHOLASTIC**

**Book Clubs LOOP**  
for Parents

**LOOP** is the Scholastic Book Clubs  
Linked Online Ordering & Payment platform for parents.

To order and pay for Scholastic Book Clubs by credit card visit:

**[www.scholastic.com.au/LOOP](http://www.scholastic.com.au/LOOP)**



## Canteen Monday Special

On each Monday in the month of May the canteen will be having Hot Cinnamon Churros available for \$0.50, add chocolate dipping sauce for \$1.00 extra.



# *FHPS Student Star Files*

## **Girls Soccer Knock Out**

Our FHPS Girls Soccer team defeated Nareena Hills 4 – 0. The team has now advanced to the next round and will play Fairy Meadow on Tuesday. Good luck girls!

### **South Coast Netball**

**Congratulations**

**ELLIE REH!**

Ellie will represent the South Coast in July at Albury.



### **South Coast Rugby Union**

**Congratulations**

**TYLA O'BRIEN!**

Tyla will represent the South Coast in August at Mudgee.



### **Support our FHPS Under 12s Rugby Union Team!**

Reminder: Our under 12s rugby team will be playing before the Warratahs and Chiefs game on Friday May 27 at Allianz Stadium.

Good luck boys – do us proud!

### **Zone Rugby League**

**Congratulations**

**Toby Radford!**

Toby represented the Northern Illawarra Zone in Rugby League.



## Key points to remember around schools

1

### In and out of the car

To comply with national child restraint laws, your child should be restrained in the car as follows:

**0 – 6 months**

Approved rearward-facing child car seat

**6 months – 4 years**

Approved rearward-facing or forward-facing child car seat

**4 – 7+ years**

Approved forward-facing child car seat or booster seat.

Make a rule that every child passenger must be securely buckled into a seatbelt or child car seat before you start the car.

A sleeping child must remain firmly buckled up while the car is in motion.

Reward your child with lots of praise for good road safety behaviour.

Assist your young child to buckle up – always check the buckle and make sure the belt is not twisted.

Ensure your children always get in and out of the car through the 'safety door'. This is the rear kerb side door of the car.

Never allow children to get out of the car on the traffic side.

When possible, children should remain in the car until an adult opens the 'safety door'. This helps ensure that children get out of the car safely.

Children aged between four and seven years cannot travel in the front seat of a vehicle with two or more rows, unless all other back seats are occupied by children younger than seven years in a child car seat.

A child that is properly secured in an approved child car seat is less likely to be killed or injured in a car crash than one who is not.

NEVER leave a child of any age in a vehicle without supervision. A small child may rapidly suffer from dehydration, heat exhaustion and consequent organ failure. Older children could play games that may lead to danger.



For more information visit  
[roadsafety.transport.nsw.gov.au](http://roadsafety.transport.nsw.gov.au)



Transport  
for NSW

Centre for Road Safety



## Key points to remember around schools

### 2 Driving near school buses

There is a 40km/h speed limit for traffic passing a school bus that is setting down or picking up school children.

This speed limit is for all traffic travelling in the same direction as the bus, whether the bus is stationary or moving.

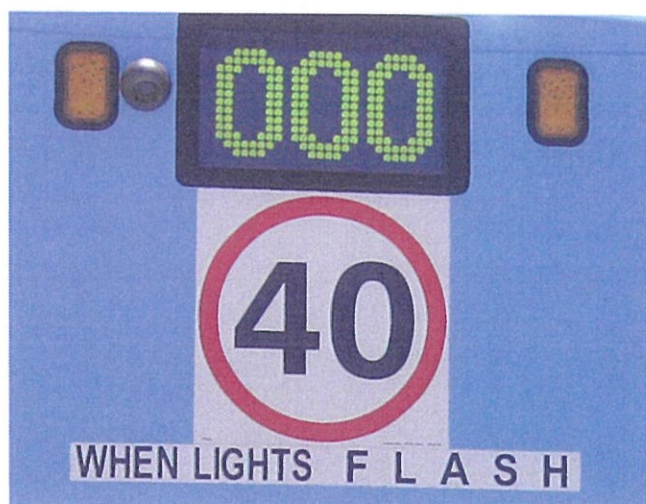
The 40km/h speed limit must be obeyed when the rear wig wag lights on the bus flash.

Flashing headlights on these buses also alert oncoming motorists that children are close by.

As a driver, remember: When the lights on the bus are flashing, you must slow down to 40 km/h.

Never park in or near a bus stop or bus zone.

For information about fines and demerit points, visit [rms.nsw.gov.au](http://rms.nsw.gov.au)



### 3 On and off the bus safely

Your child is most at risk in the minutes after getting off the bus. You can reduce this risk.

Meet your child (or arrange for another trusted adult to meet your child) AT the bus stop, NEVER on the opposite side of the road.

Wait until the bus has been driven away before choosing the safest place to cross the road, then follow the usual road crossing procedures with your children.

**STOP!** One step back from the kerb.

**LOOK!** For traffic to your right, left and right again.

**LISTEN!** For the sounds of approaching traffic.

**THINK!** Whether it is safe to cross.

Teach your children to keep turning their head in both directions to look and listen for traffic as they cross the road.

While waiting at the bus stop, stand well away from the passing traffic. Never wait right at the kerb.

Remind your children that when a bus is fitted with seatbelts, they must buckle up.

Until they turn ten, hold hands with your child as you cross the road.





## Key points to remember around schools

### 4 Hold your child's hand

As pedestrians, children can be easily distracted and are often too small to be seen by drivers. They may be unable to predict or identify dangers and tend to act impulsively.

Talk with your child about safe behaviour on the footpath – it is not a safe place to play. Include discussion on the dangers of vehicles that may be entering or exiting driveways.

Until your child is at least eight years old, hold their hand:

- on the footpath.
- in the car park.
- when crossing the road.

Up until at least 10 years old, supervise your child very closely, holding their hand when crossing the road.

If you cannot be with your child, organise for another trusted adult to accompany them.

After school, meet your child at the school gate. At the end of the school day children may be excited, distracted and tired and may not concentrate on road safety.



### 5 Helmet and safety on wheels

Your child must wear a helmet when riding a bike in any public place – it's the law.

Your child's helmet must comply with the Australian and New Zealand Standards. It must be securely fitted and fastened on their head.

Check that your child wears a bicycle helmet whenever playing or riding on wheels – bikes, foot scooters, rollerskates, skateboards or rollerblades. The helmet should be firmly buckled so it fits without wobbling or slipping to the sides. It must protect the forehead.

Although children quickly learn to pedal, steer and brake, they are not ready to cycle near traffic or on the road.

Children under 12 and adult riders accompanying and supervising them may ride on the footpath, unless there are signs specifically prohibiting cycling.

When riding on the footpath, cyclists must keep to the left and give way to pedestrians. Children need to take special care at driveways where vehicles may be driving in or out. At intersections, children must dismount and wheel the bicycle across the road as a pedestrian, following the 'STOP! LOOK! LISTEN! THINK!' procedure.







Figtree Heights Public School

**Figtree Heights Public School  
Entertainment Book Fundraiser  
Parent Co-ordinator:  
Karen Craft ph: 0431 031 581**

Support Figtree Heights Public School and have the perfect gift for Mum this Mother's Day.



Many of you have already shown your support by purchasing a 2016 | 2017 Entertainment™ Book or Digital Membership. With over \$20,000 worth of valuable offers, have you thought about buying a Membership for your Mum, other family members or friends?

For every Membership we sell, 20% of the purchase price goes directly to us. The money we raise this year will go to support our school.

You can purchase an Entertainment™ Digital Membership in time for Mothers Day.

**Go to: <http://www.entbook.com.au/280t297>**

The Entertainment Books (hardcopy) will arrive at school by the end of May. They will be distributed to families for their appraisal. If you don't wish to purchase a book simply return it to school. Otherwise follow the payment and registration instructions and ENJOY!

**Go to: <http://www.entbook.com.au/280t297>**

Thank you for your kind support.



# The simplest way

...to create healthy take away.

Get the kids inspired about cooking with a healthy, homemade take away-style meal. Find full recipes at: [eatittobeatit.com.au](http://eatittobeatit.com.au).



## Sausage rolls:

Using beef, lamb, chicken, turkey or pork mince, with lots of grated or finely diced veg mixed in. Or add some tinned kidney beans to the mix.

## Hamburgers:

Make a meat, lentil or veggie patty, pile on the salad and serve on a crusty wholegrain roll.



## Fish and chips:

Crumb your own fish fillets and oven bake. Serve with oven-baked chunky chips or sweet potato wedges.

For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)