

FIGTREE CHIROPRACTIC CENTRE

ANDREW WARE
CHIROPRACTOR
BAppSc (Chiropractic) GradDipOHS
MEMBER CHIROPRACTORS' ASSOCIATION OF AUSTRALIA
22 Zelang Ave (Cnr Bellevue Rd) Phone: (02) 4229 2855
Figtree 2525 Fax: (02) 4225 3663

Con's Music Drama
5 Balgownie Road, FAIRY MEADOW 2519
Why not learn new skills, have fun and increase your confidence through

Singing
Drama
Piano
Organ
Keyboard

Theory
Trumpet
Guitar
and
Bass

(02) 4284 9888 or if unanswered (02) 4227 1319

MARY KAY

Would you like a FREE:
Colour Makeover with application techniques and tips?
Help with Skincare options for your skin type?
Or just a Pamper and Time Out for yourself?

Call me today to schedule your obligation free beauty appointment!

Rebecca Moore 0411 145 433

DMS LAWYERS

Wollongong: ph: 4254 1057
Shellharbour: ph: 4297 8077
Email: office@dmslawyers.com.au
PO Box 182 Shellharbour City Centre NSW 2529

✓ Conveyancing ✓ Driving / Traffic matters
✓ Estate Matters ✓ Compensation and other Legal needs
We come to you for Appointments

David Schier Samantha Schier
www.dmslawyers.com.au

O'Brien's Personal Training TYLA & ZALI'S MUM
Changing Lives With Health & Fitness - Personal & Group Training
Children Are Welcome To Come Along And Watch

Leanne O'Brien
Trainer
Mobile 043000 3001

Facebook: O'Briens PT
bltzbrien@bigpond.com

KUMON

Every child can shine
Using mathematics and English as a base, Kumon builds confidence and provides the keys to developing a love of learning.

KUMON BALGOWNIE EDUCATION CENTRE
Supervisor: Rosetta
tel: 4262 0390 or 0434 261 649

KUMON WOLLONGONG WEST EDUCATION CENTRE
Supervisor: Vimala
tel: 4229 3332 or 0423 109 013

http://au.kumonglobal.com

MMJ

For advice in selling property and investment management feel free to call.
For each sales referral I receive and sell I will donate \$300.00 dollars to Figtree Heights Primary P & C.
Additionally I will also donate \$150.00 for each property management referral received.

Bradd O'Brien I Director
M: 0400 002255
E: bradd.obrien@mmj.com.au

www.mmj.com.au

Little STOMPERS

Indoor Play & Party Centre
PH: 4283 3735
Rear of 19-21 Princes Highway
Fairy Meadow
(Opposite Guest Park)

Buy one entry get one entry FREE with this ad
VALID UNTIL 30 JUNE 2012

Specialist Maths tuition and English tuition
Phone Sally now for an assessment and introductory lesson - ALL FREE!
4225 7721 www.numberworksnowords.com

Number Works 'n Words
Fun with maths, cool with English

Capturing Innocence
Photography by Belinda Brisbane

Studio and outdoor photoshoots
- Pregnancy - Newborn -
- Children - Families -

www.capturinginnocence.com.au
Ph 02 4272 8320 or 0401 135 782

Tara Becker
School of Dance

Qualified and Professional Tuition
0421 885 120
admin@tarabecker.com.au
www.tarabecker.com.au Tara Shaw B.Arts (Dance) B.Edu UNSW

R.A.D Classical Ballet, Jazz, Hip Hop, Tap, Boys Classes
Modern/Contemporary & Pre-School Dance Classes
Boys & Girls 2.5 Years +

Advertisement

Ryan Park MP
Member for Keira

Address: 247 Princes Highway, Corimal NSW 2518
Phone: (02) 4285 1588 Fax: (02) 4285 1858
Email: ryan.park@parliament.nsw.gov.au
Authorised by: Ryan Park, 247 Princes Highway, Corimal NSW 2518

Little Peoples
EARLY LEARNING CENTRE
FIGTREE

7 Gibsons Road, Figtree
Phone: 4272 6667
www.littlepeoples.com.au

Monday to Friday - 8.00am to 5.30pm
Caring for Ages 3 - 6 Years
Morning, Lunch & Afternoon Tea Provided
Specialising in School Readiness
Sun Smart Centre (Approved by the Cancer Council)
Qualified, Experienced & Caring Staff
Extensive Range of Age Appropriate Resources & Equipment
Shaded, Softfall Playground

ALSO LOCATED AT:
66-70 Habeda Avenue, HORSLEY 64 Collins Street, KIAMA
5-7 Crommelin Cr, ST HELENS PARK 32 George Street, BERKELEY

Advertisement

Sharon Bird MP
FEDERAL MEMBER FOR CUNNINGHAM

Mail: PO Box 387, Wollongong NSW 2500
P: 4228 5899 • F: 4228 5077 • E: Sharon.Bird.MP@aph.gov.au • www.sharonbird.com.au
http://www.facebook.com/sharon.bird.mp
Authorised by: Sharon Bird, 74 Crown Street, Wollongong NSW 2500

travelworld

For all your travel requirements contact
JACKIE BROWN
One planet. Many worlds Phone: 02 42547000
Fax: 02 4229 6112
Email: jackie@travelworld-wol.com.au
62 Crown Street Wollongong 2500 NSW Australia



Heights of Excellence FIGTREE HEIGHTS PUBLIC SCHOOL

PRINCIPAL: MR WAYNE THOMAS



information - news and views - coming events

Term 1 - Week 10 Monday 26th March, 2012

Coming Events This Week

Mon 26

Last Gymsport session for infant classes

Wed 28

5/60 School Assembly commencing at 2pm

Thurs 29

School Cross Country- more information in this newsletter

Fri 30

PSSA sport and AFL (last for Term 1)
NO CANTEEN

Next Week

Wed 4 April

Combined Scripture Assembly

Thurs 5

Yr 6 Fundraising Sausage Sizzle, Easter Raffle draw & Hat Parade - Look out for the information note, coming soon!

Last day Term 1

Term 2 dates to remember

Staff Development Day (SDD) Mon 23/04/12

Students return Tues 24/04/12

ANZAC day holiday Wed 25/04/12

BIRTHDAYS: Happy Birthday to our students who celebrate their birthdays this week

**Simon De Mayo, Scott Garrick,
Nicholas Pelekanos**

UNIFORM SHOP has changed its opening day and time it will now be open each **Wednesday morning 8.45am - 9.15am.**

Please place orders for new winter girls uniforms and boys & girls winter ties by the end of Term 1. Thank you.

Reminders

☺ **2 GYMSPORT** permission notes and payment -\$30 due 16/3/12. Reminder invoices have been distributed with this newsletter.

☺ Yrs 5 & 6 AFL sport permission note due now and payment \$24 due 20/3/12. Reminder invoices have been distributed with this newsletter.

☺ All Years - Textbook payment due 30th March

☺ Yrs 3 & 4 PSSA sport permission note and payment \$25

☺ Yrs K-2 Science Centre Planetarium Excursion
Thursday, 26/4/12

CANTEEN ROSTER

Mon, Wed & Fri - open for recess and lunch
Tues & Thurs - open for lunchtime snacks only

Tuesday	27/3	Annalee Nowlan Sarah Baulch
Wednesday	28/3	Julie Jordan Volunteer Please
Thursday	29/3	Tracey Chichkan Liz Neill
Friday	30/3	NO CANTEEN VOLUNTEERS PLEASE
Monday	01/4	Carmen Lemmen Catherine Hailstone

Dear Parents Students and Caregivers

Congratulation to everyone involved in the Infants Campout over the weekend.

The weather held out (although a little windy), for a great evening of fun for all of our students.

Many thanks to the organising committee, ably led by Steve Hailstone, to all of our teachers who attended and also our Year 6 students who assisted with serving food, and spending time with their buddies.

This is a wonderful opportunity to bring our school community together, and I thank all those involved who made it such a success.

This Thursday is the school Cross Country Carnival. It is held at school with students completing a set course around the grounds. Parents and family members are most welcome to attend and cheer on the competitors.

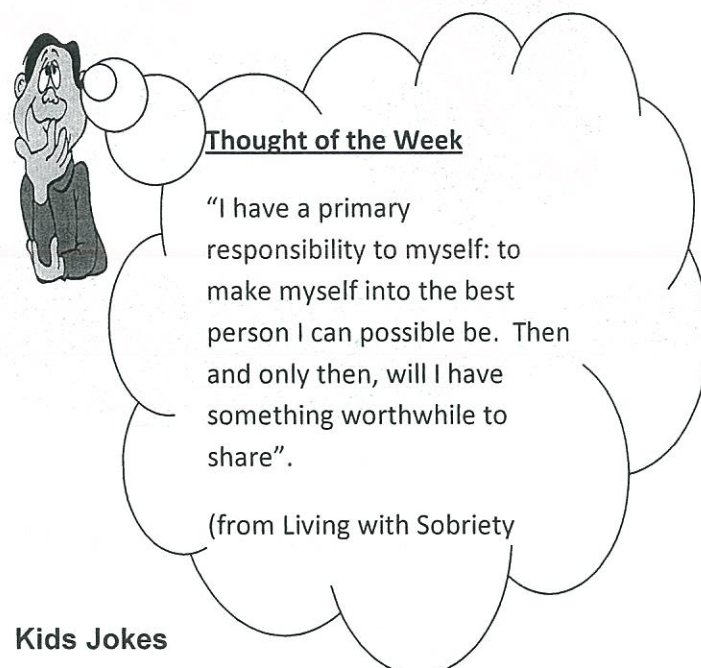
Please note that this week is the last for Gymsports and PSSA sport, and on Wednesday 5/6O will be showcasing their work at Assembly. All welcome.

We welcome the new P&C Executives for 2012:

Steve Hailstone	President
Trish Davey	Vice - President
Matthew Brett	Vice - President
Andrew Ware	Treasurer
Justine Harvey	Secretary

On behalf of the school community I would like to thank the previous P&C executive members for their wonderful work for our school. In particular to Jackie Brown and Jenny English for their support and hard work over the last few years. It has been much appreciated.

Regards,
Wayne Thomas
Principal



Kids Jokes

Teacher: How much is half of 8?
Pupil: Up and down or across?
Teacher: What do you mean?
Pupil: Well, up and down makes a 3 or across the middle leaves a 0.



Cross Country Carnival
Thursday 29th March
9am -11am

Students are to wear sports uniform or their house colour (blue-Keira, red-Nebo and green-Kembla).

Please ensure children have sunscreen, hat and a drink bottle filled with water.

Start is at 9.15 am with 5, 6 & 7 year olds, followed by 8, 9 & 10 year olds, then 11, 12 & 13year olds.

It is anticipated we will finish will be around 11am.

Families are invited to come along to cheer the children .

Note: The Canteen is **not** open on Thursdays at recess

CENTRAL WOLLONGONG PSSA
For information and updates on PSSA events, parents and caregivers are advised to check the Central Wollongong PSSA website at:
<http://central Wollongong.wordpress.com>

P&C News

To New & Existing Parents

If you cannot make P&C meetings but would like to receive P&C minutes please email me and I will add you to the email distribution list
jennifer.english@det.nsw.edu.au
Jenny English past Secretary – FHPS P&C

P/T Registered Nurse Position Available

Russell Vale Family Medical & Acupuncture Practice have a position available. Please contact Nina 0422 765 772 or email:
nta786@yahoo.com

Figtree Heights Out of School Hours Care Vacation Care Program – Easter Holidays 2012 9/4/12 to 23/4/12.

Program available at OOSH office in the school hall.

CANTEEN ROSTER

We still need volunteers for the 3rd Tuesday, 3rd & 4th Wednesday and 4th & 5th Friday of the month. If you have one of these days free per month it would be greatly appreciated.

Sharing the Load A Healthy Relationships Group for Kids 6-12 Years

Enjoy fun games and activities
Discover how to cope with feelings
Practice expressing anger safely
Discuss communication and family relationships
Learn safety skills
Build social skills
Increase self-esteem

When: Monday 16th & Wednesday 18th April (school holidays) 10:am to 2.30pm
Where: Bellambi Neighbourhood Centre
Cost: Free
Assistance with transport may be available on request.


For bookings or more information call:
Wollongong 4227 1122
Family Relationship Services Program in funded by The Australian Government.

Bedwetting

A new DVD based program, Bedwetting Cured, has been developed by Dr Mark Condon, and Physiotherapist, Margaret O'Donovan. It outlines a successful program for parents to implement at home with their children.

For more information and a free Bedwetting Fact Sheet please visit the website:

www.bedwettinginstitute.com.au
or phone 1300 135 796



RESTORING NATURAL AREAS

Murray Garden Bushcare Group

Wollongong City Council is supporting volunteers in Figtree by providing resources, technical support and training. Bushcare volunteers usually meet for about 3 hours each month, however the amount of time you commit to is entirely up to you. A Bushcare group is working in your area, and all residents are warmly invited to come along.


We usually meet on the 3rd Saturday of each month at 1pm, however, for April only, this has been changed to the 4th Saturday, 28th April.

Enter the park via Garden Avenue, the lower end near where it meets Murray Park Road. Go in this entrance just 20 or 30 metres & you'll find us..

Some of the reserve is in good condition with a wide variety of native trees, shrubs, ground covers and grasses tucked under a canopy along the creek line. Other parts however contain a range of weed species and this is where our work is focused. We meet each month for 2-3 hours and learn how to remove weeds slowly, sensitively and strategically so that the native plants and animals of the park are not harmed. Every 3 months or so, our efforts are directed at planting in natives to replace the removed weeds and to create additional habitat for the native animals.

This a fantastic way to give something back to the community and the environment, and to meet new friends.

Come along on the day or call Bob on 0450-980-173 or the Bushcare Office on +227-8113
Email - phellier@wollongong.nsw.gov



Brick Fair and Competition

Saturday 31 March 10am – 4pm
Uni of W'gong McKinnon Bdg. Free Parking

LEGO® creation competition: 7 & Under: Water
8-11 yrs: Food 12+: Music All age: open
Register via website by 6pm 28 March.



LEGO displays and play area
Robot sumo tournament - BBQ
Entry donation: \$5 ea, \$10/family
More info at www.robokids.info